

## The Estrogen Receptor Beta Agonist Liquiritigenin Enhances Growth Inhibition of TNBC by the Cholesterol Biosynthesis Inhibitor RO 48-8071

Yayun Liang<sup>1</sup>, Benford Mafuvadze<sup>2</sup>, Salman M. Hyder<sup>1\*</sup>

### Abstract

**Purpose:** Since many human TNBC develop resistance to aggressive forms of chemotherapy, our goal was to identify novel, less toxic treatment strategies that prevent drug resistance in TNBC. Previously, we established that RO 48-8071 ([4'-[6-(Allylmethylamino)hexyloxy]-4-bromo-2'-fluorobenzophenone fumarate] [RO], a small-molecule inhibitor of oxidosqualene cyclase (OSC), a key enzyme in the biosynthesis of cholesterol, inhibited TNBC growth of TNBC and induced tumor suppressor ER $\beta$  in TNBC cells. Consequently, we studied the effects of RO, together with liquiritigenin (LQ), a naturally occurring plant product that is an ER $\beta$  agonist, on TNBC progression.

**Methods:** Sulforhodamine B assays were used to measure viability of cultured MDA-MB-231 and BT-20 human TNBC cells in the presence of either RO and LQ alone or in combination. Tumor xenografts in nude mice permitted the evaluation of tumor growth following treatment with RO, LQ or a combination of RO and LQ. Estrogen receptor expression, apoptosis and levels of angiogenesis markers in tumor-xenograft tissues were assessed immunohistochemically.

**Results:** Both RO and LQ significantly reduced the viability of MDA-MB-231 and BT-20 TNBC cells *in vitro*. RO + LQ treatment reduced cell viability to a greater extent than treatment with either individual agent. Administration of RO, LQ, and a combination of RO and LQ significantly inhibited the growth of MDA-MB-231 tumor xenografts *in vivo*. RO, LQ, and RO + LQ increased ER $\beta$  expression *in vivo* and significantly reduced the expression of angiogenesis markers. Both RO and LQ increased apoptosis in tumor xenografts; a combination of RO + LQ significantly enhanced apoptosis compared with levels observed in response to a single agent.

**Conclusion:** The ER $\beta$  ligand LQ significantly enhanced RO-mediated inhibition of TNBC cell viability *in vitro*, while also significantly increasing the inhibitory effects of RO on the growth of tumor xenografts *in vivo*. The anti-tumor properties of RO may in part be due to an off-target effect that increases ER $\beta$  which may then interact with LQ to promote anti-proliferative effects. Anti-tumor effects included inhibition of angiogenesis and induction of apoptosis. A combination of RO and LQ may have potential as a novel treatment strategy against TNBC.

**Keywords:** Triple-negative breast cancer; Tumor growth; Cholesterol biosynthesis inhibitors; Estrogen receptor; Liquiritigenin; Combination therapy

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**Citation:** Yayun Liang, Benford Mafuvadze, Salman M. Hyder. The Estrogen Receptor Beta Agonist Liquiritigenin Enhances Growth Inhibition of TNBC by the Cholesterol Biosynthesis Inhibitor RO 48-8071. Journal of Cancer Science and Clinical Therapeutics. 9 (2025): 87-96

**Received:** June 11, 2025

**Accepted:** June 18, 2025

**Published:** June 26, 2025

**Abbreviations:** ANOVA: Analysis of Variance; ER: Estrogen Receptor; FBS: Fetal Bovine Serum; ip: Intraperitoneal; iv: Intravenous; LQ: Liquiritigenin; OSC: Oxidosqualene Cyclase; PBS: Phosphate-BufferedS; RO: RO 48-8071 ([4'-[6-(Allylmethylamino)hexyloxy]-4-bromo-2'-fluorobenzophenone fumarate]); sc: Subcutaneous; SEM: Standard Error of the Mean; SRB: Sulforhodamine B; TNBC: Triple-Negative Breast Cancer; TUNEL: Terminal Deoxynucleotidyl Transferase dUTP Nick End Labeling; VEGF: Vascular Endothelial Growth Factor

## Introduction

Triple-negative breast cancers (TNBC) represent approximately 15-20% of all detected breast cancers. TNBC lack ER, PR and Her2neu, proteins that are commonly targeted in breast cancer therapies [1,2]. Women who suffer from TNBC have limited treatment options, are administered toxic chemotherapeutic agents and have poor prognosis due to the emergence of drug-resistant cells that lead to tumor metastasis. New non-toxic therapeutic strategies to control TNBC progression and prevent metastasis are urgently needed. Whereas the progression of hormone-dependent breast tumors depends on the presence of estrogen receptor (ER $\alpha$ ) [3,4], TNBC lack both hormone receptors and Her-2-neu, making targeted therapies difficult. As a consequence, those afflicted with TNBC must be treated with high-dose chemotherapy, leading to a number of undesirable side-effects and, ultimately, resistance to therapy. Drug-resistant tumors proliferate more aggressively than the drug-sensitive tumors from which they arose, and go on to metastasize [5,6], resulting in poorer outcomes.

RO 48-8071 ([4'-[6-(Allylmethylamino)hexyloxy]-4-bromo-2'-fluorobenzophenone fumarate] (RO) [7-9] is a small-molecule cholesterol biosynthesis inhibitor that suppresses oxidosqualene cyclase (OSC), an enzyme that acts downstream of HMG-CoA reductase to convert 2, 3-monoepoxysqualene to lanosterol (a key step in the biosynthesis of cholesterol) [7-9]. We previously examined the effects of RO on hormone-dependent breast cancer and found that it suppressed the growth of hormone-dependent breast tumors as well as TNBC, promoted degradation of ER $\beta$ , and elevated levels of ER $\beta$  [10,11] which is known to suppress breast-cancer progression and is now classified as a tumor suppressor [12]. Importantly, RO has also been shown to effectively suppress angiogenesis in many other types of cancer [13]. Based on our observations that RO increases ER $\beta$  levels, we hypothesized that RO might also act in concert with ligands that interact with ER $\beta$ , increasing its therapeutic potential to regulate TNBC tumor progression.

Many of the naturally occurring ER $\beta$ -interacting ligands are derived from plants; therefore, their use in combination with RO is an attractive approach because it avoids the

undesirable toxicity associated with many synthetic chemotherapeutic compounds in common use. In the present report, we describe the effects of RO alone and in combination with a plant-derived ER $\beta$ -interacting ligand, liquiritigenin (LQ) [14-16], on TNBC cells (MDA-MB-231 and BT-20) and tumors derived from these cells. In human MDA-MB-231 and BT-20 cells, we found that RO or LQ alone significantly inhibited tumor growth *in vivo*, and that a combination of RO and LQ enhanced the growth inhibition observed when RO was administered alone in xenografts derived from MDA-MB-231 cells that represent an aggressive type of TNBC. Mechanistically, we determined that RO or LQ alone or in combination induced ER $\beta$  expression in tumor-xenograft cells. Moreover, we found that RO or LQ alone induced apoptosis and reduced angiogenesis-marker expression in tumor-xenograft cells, and that a combination of RO and LQ enhanced the effects observed using RO alone. These potent anti-tumor properties of RO and LQ, particularly when used together, suggest that the RO + LQ combination has significant potential as a means by which to clinically manage TNBC.

## Materials and Methods

### Cell lines and culture

MDA-MB-231 and BT-20, human TNBC cell lines were obtained from the American Type Culture Collection (Manassas, VA, USA) and grown in phenol red-free DMEM/F12 medium (Invitrogen Corporation & Life Technologies, Grand Island, NY, USA) supplemented with 10% fetal bovine serum (FBS) (Sigma-Aldrich, St. Louis, MO, USA).

### Reagents

RO 48-8071 was purchased from Sigma-Aldrich. LQ was obtained from Tocris BioScience (Bristol, United Kingdom). RO was dissolved in phosphate-buffered saline (PBS) and LQ was dissolved in DMSO for *in vitro* studies and in 50% DMSO/15% ethanol/35% PBS for *in vivo* studies.

### Cell viability assay

The sulforhodamine B (SRB) assay [17] was used to measure cell viability, as we have previously described [18].

### *In vivo* breast tumor-xenograft studies

All animal experiments were approved by the Institutional Review Committee at the University of Missouri. Female athymic nude mice (nu/nu, Foxn1), 5- to 6-weeks-old and weighing 20–22 g, were purchased from Harlan Sprague Dawley, Inc. (Indianapolis, IN, USA). Mice were inoculated with MDA-MB-231 cells as we have previously described [19]. Tumor volumes were measured as described previously [19], and drug treatment was started when average tumor volumes reached approximately 90-100 mm<sup>3</sup>. Mice were treated with 10 mg/kg RO by intravenous (iv) injection in

a 0.1 ml solution into the tail vein, and LQ was given via intraperitoneal (ip) injection at 20 mg/kg. Combination group were given both RO and LQ. Treatment was daily for the first three days, followed by an injection every other day for 10 additional treatments and then a final injection 16 h prior to sacrifice [20]. Thus, a total of 14 treatments were administered. Control mice received the same volume of PBS or LQ dilution cocktail on the same schedule. Animal weight and tumor volume were assessed twice weekly throughout the study.

## Immunohistochemical studies

Tumors were collected following the last injection and processed for immunohistochemical analysis of ER $\beta$  and ER $\alpha$  as described previously [20,21]. Terminal deoxynucleotidyl transferase dUTP nick end labeling (TUNEL) assays, as well as vascular endothelial growth factor (VEGF) and CD31 assays, were performed as previously described [22]. Quantitation of immunolabeled signal was achieved using a morphometric analysis program (Fovea Pro 3.0, Reindeer Graphics), on images photographed at 20X magnification as described earlier [20,21]. For ER signal, four to five tumors/group were analyzed, and two to three representative sections were collected from each tumor. Results were expressed as area in square pixels.

Quantitation of blood vessels was accomplished by photographing tissue sections at 20X magnification from four to five tumors/group that had been stained immunohistochemically for CD31. The total number of vessels in these digital images was counted in 26 to 35 fields/group, with each field representing approximately 0.39 mm<sup>2</sup>. Vessel density was calculated as vessel number per field.

## Statistical analysis

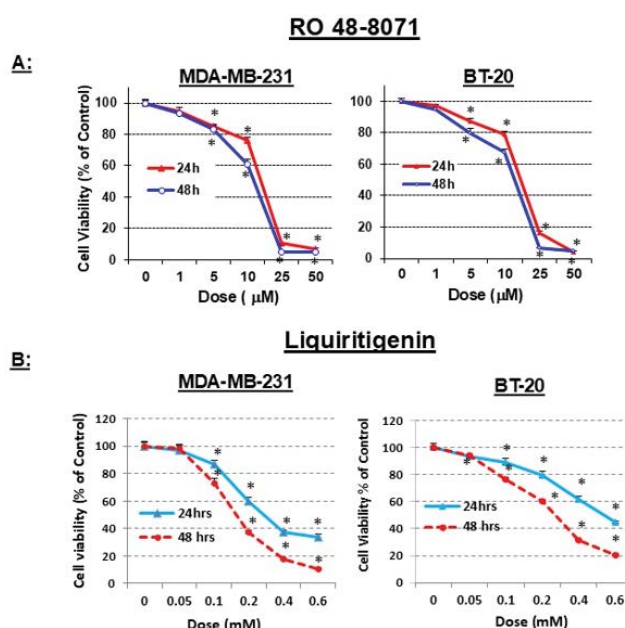
Differences between groups or among groups were tested using one-way analysis of variance (ANOVA) with repeated measures over time. The assumption of the ANOVA was examined, and a nonparametric measure based on ranks was used if needed. Values are reported as mean  $\pm$  standard error of the mean (SEM). When ANOVA indicated a significant effect (F-ratio,  $P < 0.05$ ), the Student-Newman-Keuls multi-range test was used to compare the means of the individual groups. Statistical analyses were conducted using SigmaStat software, version 15. For immunohistochemical analysis, data were analyzed using Kruskal-Wallis ANOVA, followed by Tukey's procedure as a posthoc test. For all comparisons,  $P < 0.05$  was regarded as statistically significant.

## Results

### RO and LQ reduce TNBC cell viability *in vitro*

Both MDA-MB-231 and BT-20 TNBC cells were equally sensitive to RO (IC<sub>50</sub> of 10-15  $\mu$ M) after 48 h treatment (Figure 1A). LQ is a highly selective, naturally occurring

ER $\beta$  agonist. Because we have previously shown that RO induces ER $\beta$  [10] and demonstrated this to be the case in TNBC cells [20], we examined whether LQ has the potential to enhance the inhibitory effects of RO in TNBC cells. We first tested whether LQ alone inhibits TNBC cells. Treatment of cells with LQ for 24 or 48 h significantly reduced cell viability compared with control cells (Figure 1B). After 48 h treatment, both MDA-MB-231 and BT-20 cells exhibited LQ-mediated loss of viability; LQ was more potent against MDA-MB-231 than BT-20 cells (IC<sub>50</sub> 0.15 mM vs 0.3 mM, respectively).



**Figure 1: LQ reduces Triple Negative Breast-Cancer (TNBC) cell viability *in vitro*.** (A): TNBC cells (MDA-MB-231:  $4 \times 10^3$ /well; BT-20:  $5 \times 10^3$ /well) were seeded in 96-well plates and incubated with pharmacological concentrations of RO for 24 or 48 h in DMEM/F12 + 5% FBS. (B) TNBC cells were incubated with pharmacological concentrations of LQ (mM) for 24 h or 48 h in DMEM/F12 + 5% FBS. Control cells were incubated with vehicle alone. Cell viability was determined by SRB assay. Values represent means  $\pm$  SEM (n=6). \* Significantly different from control (set at 100%) ( $P < 0.05$  using ANOVA).

In a previous study we demonstrated that no differences in sensitivity of cells to LQ were observed between cells cultured in medium containing 5% FBS or 5% DCC-stripped FBS for 24 h [20], suggesting that reduction of cell viability by LQ was independent of the serum used, and that the 5% FBS used was likely devoid of any ER $\beta$  ligand that might mask the effects of LQ. Furthermore, these studies established that LQ concentrations between 0.1 and 0.3 mM, which demonstrate 20–50% growth inhibition of TNBC cells, would be appropriate to use in combination with RO to observe any additive or synergistic effects.



## LQ enhances RO-mediated reduction in TNBC cell viability *in vitro*

We next treated TNBC cells with RO alone or with LQ to determine whether a combination of the two agents might cause an even greater reduction in cell viability compared with individual treatments. Cells were exposed to RO first to enhance levels of ER $\beta$ . RO concentrations (5 or 10  $\mu$ M) were selected, based on the present study and from observations previously published, which showed that these concentrations had sub-optimal effects in reducing cell viability [20]. LQ concentrations were chosen from the studies on cell viability reported in Figure 1 (0.1–0.3 mM). Both MDA-MB-231 and BT-20 cells were treated with RO alone, LQ alone, or RO combined with LQ. At all concentrations examined, a combination of RO and LQ significantly reduced the viability of both TNBC cell types compared with cells treated with either RO or LQ alone; data with 10  $\mu$ M RO and LQ at 100- and 200 mM is shown (Figure 2). Cell viability was reduced by a combination of RO and LQ in a largely synergistic manner compared with RO or LQ alone.

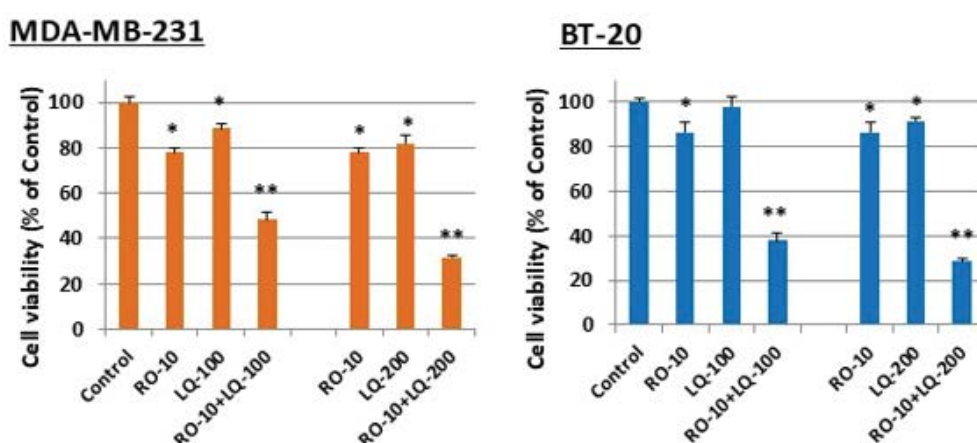
## LQ enhances RO-mediated inhibition of MDA-MB-231 tumor-xenograft growth *in vivo*

MDA-MB-231 is an aggressive TNBC used in many pre-clinical studies to identify potential methods of therapy. Using MDA-MB-231 cells we determined whether RO and LQ suppress the growth of MDA-MB-231 tumor xenografts in nude mice, and whether a combination of the two might act synergistically to more effectively suppress tumor growth in a manner consistent with their *in vitro* effects on cell viability. MDA-MB-231 cells were injected into both flanks of nude mice and tumors allowed to reach approximately

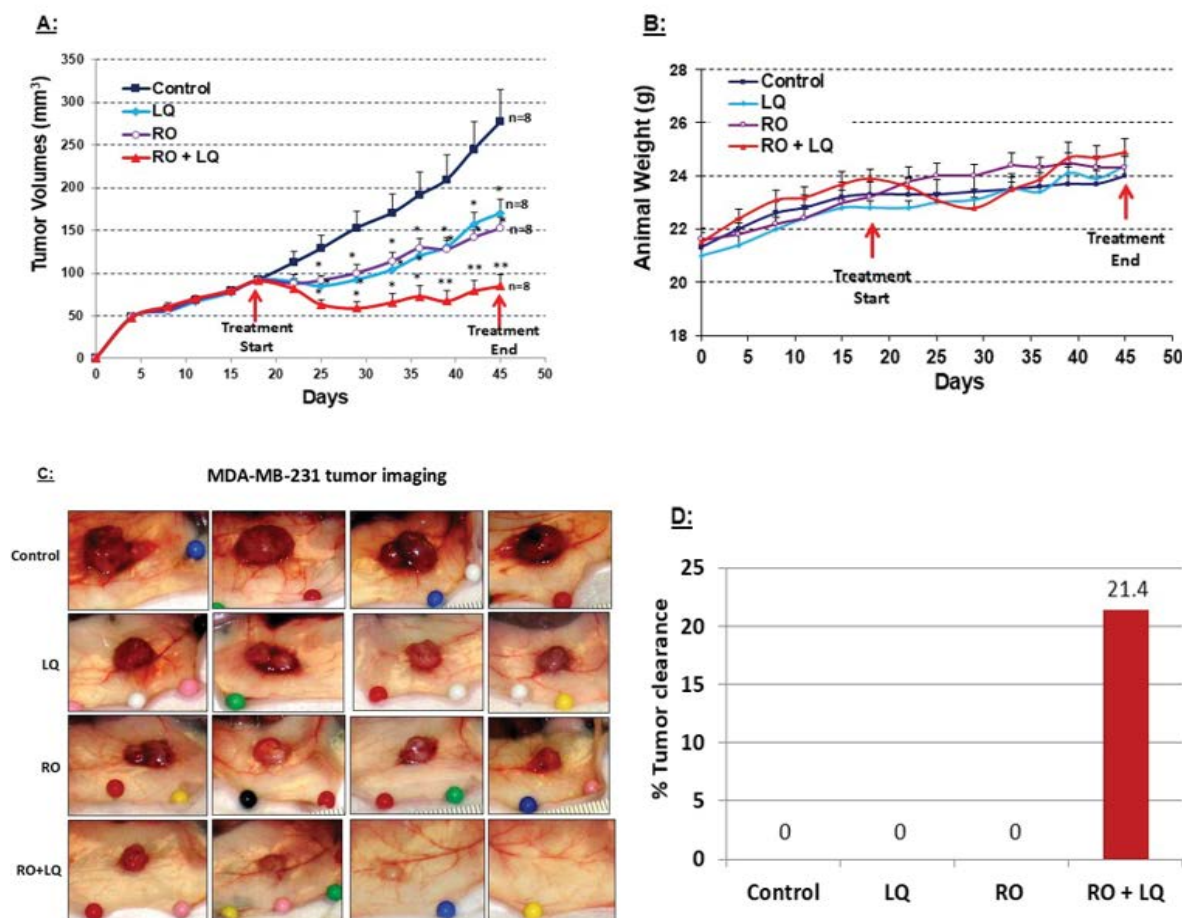
90–100 mm<sup>3</sup>. Animals were then separated into four groups and treated over time with vehicle control, LQ, RO, or RO + LQ, and tumor volumes monitored. Treatment continued until day 45, at which point animals were euthanized and tumors collected for further analysis. Treatment with RO or LQ significantly inhibited the growth of MDA-MB-231 tumors by approximately 45% compared with control-treated animals; treatment with RO + LQ was much more effective than treatment with a single agent and inhibited tumor growth by approximately 70% compared with control-treated animals. Most importantly, while tumor growth slowly resumed over time in animals treated with either RO or LQ, this was not the case with combination RO + LQ treatment (Figure 3A). Animals maintained their weight throughout all treatment regimens, demonstrating no measurable toxicity of either RO or LQ (Figure 3B). RO + LQ treatment eradicated 20 % of tumors, whereas treatment with RO or LQ alone did not eradicate tumors in the time frame that was tested (Figure 3C and D).

## LQ and RO increase apoptosis in MDA-MB-231 tumor-xenograft cells *in vivo*

Using TUNEL assays to examine apoptosis in MDA-MB-231 xenograft tissues collected from animals treated over time with RO, LQ, or RO + LQ, we found that treatment with RO or LQ alone significantly induced *in vivo* apoptosis of MDA-MB-231 cells in xenografts compared with control-treated animals. A combination of RO and LQ significantly increased apoptosis compared with either agent alone (Figure 4), this effect being additive. These findings suggest that induction of apoptosis is a major mechanism by which these compounds suppress tumor growth.



**Figure 2:** LQ enhances RO-mediated reduction in TNBC cell viability *in vitro*. TNBC cells (MDA-MB-231:  $4 \times 10^3$ /well; BT-20:  $5 \times 10^3$ /well) were seeded in 96-well plates overnight in DMEM/F12 + 10% FBS. After washing and replacement of medium with DMEM/F12 + 5% FBS, cells were incubated with 10  $\mu$ M RO alone, 0.1, 0.2, or 0.3 mM LQ (Control) alone, or combinations of these concentrations of RO and LQ for 24 h. Control cells were incubated with vehicle alone (Con). Cell viability was determined by SRB assay. Values represent means  $\pm$  SEM (n=6). \* Significantly different from control (set at 100%), and \*\* Significantly different from RO and LQ alone ( $P < 0.05$  using ANOVA).



**Figure 3: LQ enhances RO-mediated inhibition of TNBC MDA-MB-231 tumor-xenograft growth *in vivo*.** Six-week-old nude mice were injected with TNBC MDA-MB-231 cells ( $5 \times 10^6$  in 0.15 ml of Matrigel: DMEM/F12 (4:1; [v/v]) in the flank, both flanks for each mouse. When average tumor volumes reached approximately 90-100 mm<sup>3</sup>, animals were treated over time with RO (10 mg/kg iv), LQ (20 mg/kg ip), or RO (10 mg/kg iv) + LQ (20 mg/kg ip), using an administration protocol described in the Methods. Control animals were treated with the same volume of vehicle. Tumors were collected on day 45 after MDA-MB-231 cell inoculation. (A) Tumor volumes were monitored throughout the experiment. Values represent means  $\pm$  SEM (n=8 animals; please note that the curve was constructed with 14 tumors instead of 16 in each group since, due to technical difficulties with tumor volume measurements, 2 tumors were removed from each group). \* Significantly different from control, \*\* Significantly different from RO and LQ alone groups ( $P < 0.05$  using ANOVA). (B) Animal weight was monitored throughout the experiment. Values represent means  $\pm$  SEM (n=8 animals). (C) Representative tumors *in situ* from each treatment group at the time of tumor collection. (D) Percentage of tumors cleared at the time of tumor collection for each treatment group.

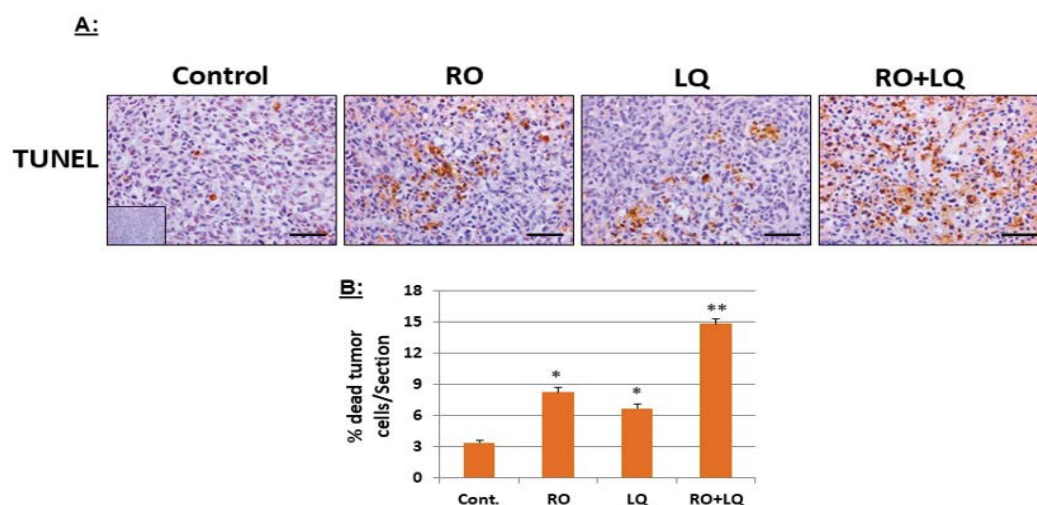
### LQ and RO induce ER $\beta$ expression in MDA-MB-231 tumor-xenograft cells *in vivo*

In previously published studies, we showed that RO effectively induces ER $\beta$  in hormone-dependent cells and in TNBC, both *in vitro* and *in vivo* [10,20]. When we analyzed MDA-MB-231 xenograft tissues collected from animals treated over time with RO, LQ, or RO + LQ, we found that both RO and LQ alone significantly induced ER $\beta$  expression in tumor-xenograft cells, compared with control-treated animals (Figure 5A and 5B) without influencing ER $\alpha$  levels (which are absent in TNBC cells). In tumor-xenograft cells from RO + LQ-treated animals, LQ significantly enhanced RO-mediated reduction of ER $\beta$  compared with RO treatment alone. Compared with control-treated animals, ER $\beta$  was

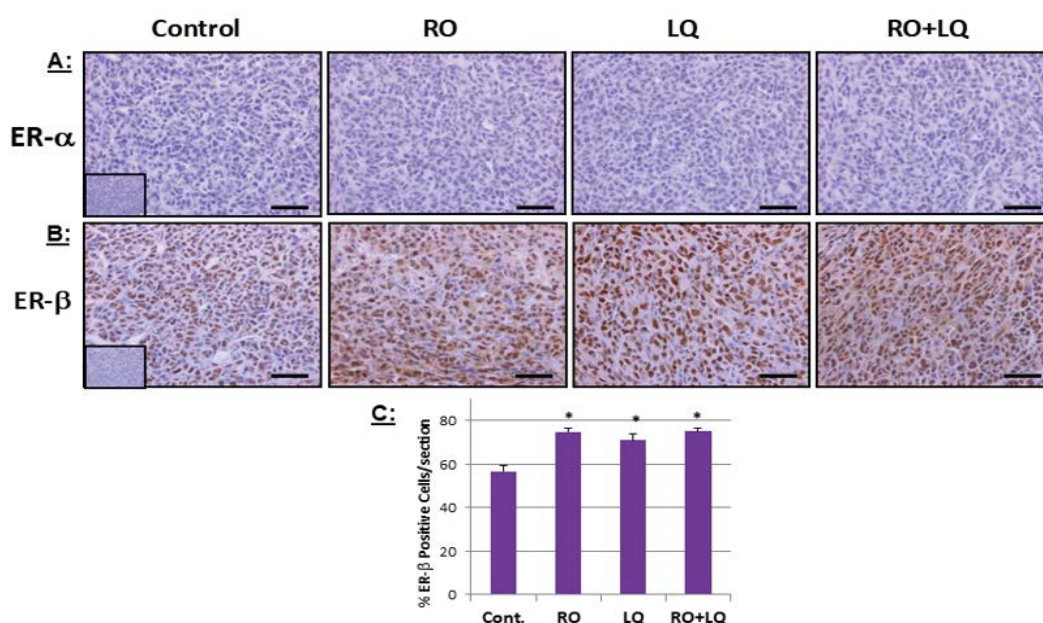
also significantly induced in tumors from RO + LQ-treated animals, though the inclusion of LQ in this treatment regimen did not enhance induction of ER $\beta$  over that observed with RO alone (Figure 5C).

### LQ and RO reduce angiogenesis-marker expression in MDA-MB-231 tumor-xenograft cells *in vivo*

Tumor growth depends on the pathologic formation of new blood vessels. Consequently, we analyzed two markers of angiogenesis, VEGF, and blood-vessel density, in MDA-MB-231 tumor-xenograft tissues to ascertain whether RO and LQ exert their anti-tumor effects in part by inhibiting angiogenesis. Compared with control-treated animals, treatment with RO or LQ alone significantly reduced VEGF expression (Figure 6). A combination of RO + LQ had an



**Figure 4:** LQ and RO increase apoptosis in MDA-MB-231 tumor-xenograft cells *in vivo*. Tumors collected at the endpoint of the MDA-MB-231 tumor-xenograft experiments presented in Figure 3 were subjected to TUNEL assays (A), then data was quantitated (B). Insets for representative micrographs represent negative controls. The mean values from 5-6 animal tumors with 30 sections for each group, which represent means  $\pm$  SEM (n=30) are shown. Bars represent 50  $\mu$ m. \* Significantly different compared with control; \*\* Significantly different compared with all other groups ( $P < 0.05$  using ANOVA).

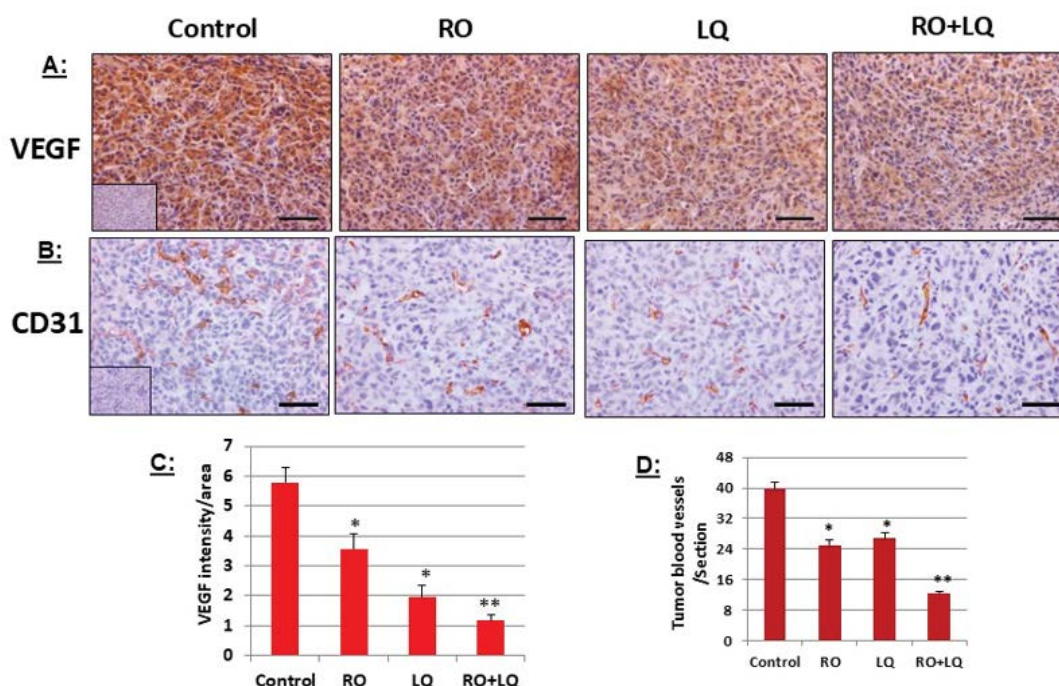


**Figure 5:** LQ and RO increase ER $\beta$  expression in MDA-MB-231 tumor xenograft cells *in vivo*. Tumors collected at the endpoint of the MDA-MB-231 tumor-xenograft experiments presented in Figure 3 were processed for immunohistochemical analysis of ER $\alpha$  (A) and ER $\beta$  (B), after which data was quantitated. Insets for representative micrographs represent negative controls. (A): MDA-MB-231 did not express ER $\alpha$ , hence all treatment groups showed negative expression. (B): RO increased ER $\beta$  expression: mean values from 4-5 animal tumors with a total of 25-38 sections. Values shown are means  $\pm$  SEM (n=25-38). Bars represent 50  $\mu$ m. \* Significantly different from control; \*\* Significantly different from all other groups ( $P < 0.05$  using ANOVA).

even greater effect than either agent alone, significantly reducing expression of VEGF compared with treatment with a single agent (Figure 6A). A similar effect was observed when tumor blood-vessel density was examined by CD31 immunohistochemical analysis; treatment with either RO or

LQ significantly reduced blood-vessel density compared with control-treated animals, while combined treatment with RO + LQ significantly reduced blood-vessel density compared with either agent alone (Figure 6B). Figure 6C and D represents quantitation of data shown in Figure 6 A and B.





**Figure 6:** LQ and RO reduce angiogenesis-marker expression in MDA-MB-231 tumor-xenograft cells *in vivo*. Tumors collected at the endpoint of the MDA-MB-231 tumor-xenograft experiments presented in Figure 3 were processed for immunohistochemical analysis of VEGF (A) and CD31 (B), then data was quantitated. Insets for representative micrographs represent negative controls. (A): mean values from 5 animal tumors with 23-25 sections; (B): mean values from 5 animal tumors with 26-30 sections. Values represent means  $\pm$  SEM. Bars represent 50  $\mu$ m. \* Significantly different from control; \*\* Significantly different from all other groups ( $P < 0.05$  using ANOVA).

## Discussion

Approximately 15% of human breast cancers belong to the TNBC type [1,2]. TNBC lack proteins that can be suppressed in a targeted approach to reduce tumor growth and are thus treated with toxic chemotherapeutic drugs to control the disease. In recent years, we have examined the effectiveness of a variety of compounds with low or no toxicity to control both hormone-dependent and TNBC tumor growth and found that the cholesterol biosynthesis inhibitor RO inhibited disease progression in both classes of breast cancer [11,20]. We found that in hormone-dependent breast cancer cells, RO downregulated both ER $\beta$  and progesterone receptor (PR), while simultaneously inducing the anti-proliferative protein ER $\beta$ . Similar effects were observed in TNBC with respect to ER $\beta$  induction [10,20]. ER $\beta$  is now known to function as a tumor suppressor [23-26]. Since LQ enhances RO-mediated inhibition of hormone-dependent breast cancer cell proliferation [20], we examined whether the naturally occurring compound might exert the same inhibitory effect on TNBC when administered in combination with RO. We did indeed observe that LQ greatly enhanced the growth-inhibitory properties of RO, both *in vitro* and *in vivo* when used against TNBC.

Both RO and LQ effectively suppressed the viability of MDA-MB-231 and BT-20 TNBC cells, with MDA-MB-231

cells exhibiting greater sensitivity to LQ. Breast-cancer cells express low levels of ER $\beta$  [27], for which LQ is an agonist. RO was administered to first enhance expression of ER $\beta$ , then cells were further treated with LQ. While LQ significantly reduced the viability of both breast-cancer cell lines, cells exposed to a combination of RO and LQ were affected to a greater extent. To ascertain whether the effects of the two agents were synergistic, both ligands were administered at sub-optimal levels. Our observations show that the inhibitory effects of RO and LQ on cell viability were indeed synergistic, suggesting that lower chemotherapeutic doses could be used in the clinical setting.

To further explore the use of a combination protocol, MDA-MB-231 cells were treated *in vivo* with RO and LQ and the inhibitory effects of mono- and combination therapy on tumor xenografts determined. Both RO and LQ alone significantly inhibited *in vivo* tumor growth. Treatment with RO + LQ elicited an even greater response; inhibition of tumor growth was significantly increased compared with either agent alone. During the period tested, RO and LQ alone did not cause tumor clearance, but when a combination of RO and LQ was administered, we did observe tumor clearance. These results suggest that RO + LQ combination therapy could be a valuable means of treating TNBC.

In addition to inhibiting the growth of TNBC both *in vitro* and *in vivo*, RO and LQ modestly but significantly induced ER $\beta$  expression in tumor-xenograft tissues, an effect that was observed in response to RO or LQ alone, as well as with a combination of RO and LQ. Although the induction of ER $\beta$  previously observed in TNBC in the *in vitro* setting was significant [11], its upregulation was not as robust *in vivo*. This could be due to the timing of tumor collection. By the end of the study, at which point tumors were harvested, several days had elapsed since the initiation of treatment. We believe that those cells expressing elevated levels of ER $\beta$  had already undergone apoptosis and were consequently missed during subsequent analysis. This hypothesis requires confirmation by collecting tumors a few days after initial RO treatment (but before the endpoint used in the present studies) and assessing ER $\beta$  induction in those tissues. Because it appears that RO itself has no interaction with ER $\beta$  [28], the influence of increased ER $\beta$  in the presence of RO may drive the inhibition of tumor growth in a ligand-independent manner [27], whereas when LQ is present, inhibited tumor growth could occur via a ligand-dependent manner. In addition, the absence of ER $\beta$  in TNBC cells means that the brake on ER $\beta$  may no longer be present, a scenario which is known to inhibit tumor-cell proliferation [29]. This ratio has been shown to be an important predictor of cell growth; a high ratio of ER $\alpha$ /ER $\beta$  is proliferative, whereas increased expression of ER $\beta$  is associated with loss of tumor-cell proliferation [30-33]. In the present study, sustained levels of ER $\beta$  appear to facilitate the effects of LQ when used in combination with RO, enhancing the anti-proliferative properties of RO.

In the tumor-xenograft model, RO or LQ alone significantly induced tumor-cell apoptosis, while reducing significantly the expression of angiogenesis markers. The effects of combined RO + LQ treatment were significantly greater than those seen with individual treatment alone. Because ER $\beta$  is known to induce apoptosis, as well as reduce angiogenesis (which limits the nutrients required for tumor growth [32,34], we contend that ER $\beta$  plays a key role in multiple mechanisms that curtail tumor growth.

## Conclusion

In summary, the data presented strongly suggest that, in addition to its ability to suppress cholesterol biosynthesis [35], the OSC inhibitor RO exerts a powerful anti-tumor effect in TNBC cells through an off-target induction of the anti-proliferative protein ER $\beta$ . The natural compound LQ also induced ER $\beta$  in TNBC cells and very effectively enhanced the anti-proliferative effects of RO, most likely by binding to elevated levels of ER $\beta$  induced by RO and thereby potentiating its anti-tumor effects. Previous data show that ER $\beta$  promotes some of the same anti-tumor effects seen in response to RO. We propose that ER $\beta$  is responsible for the

reduced viability of breast-cancer cells observed in response to RO or LQ alone, or when administered in combination. We suggest, therefore, that combination therapy using OSC inhibitors (unlike statins, which inhibit cholesterol biosynthesis by targeting HMG-CoA reductase, and do not influence ER $\beta$  [20]), together with naturally occurring compounds with affinity for ER $\beta$  could prove beneficial as a means by which to suppress TNBC growth.

## Acknowledgments

SMH is the Zalk Missouri Professor of Tumor Angiogenesis and this research was supported by funds endowed by Mrs. Thelma Zalk.

## Conflicts of interest/Competing interests (include appropriate disclosures)

Authors do not have conflict of interest.

## Ethics approval (include appropriate approvals or waivers)

All animal studies were approved by ACUC at the University of Missouri.

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