

Research Article



# Metadichol® A Nano Lipid Emulsion that Expresses All 49 Nuclear **Receptors in Stem and Somatic Cells**

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#### **Abstract**

Human nuclear receptors (NRs) involve 49 ligand-dependent transcription factors that are important for regulating the cell cycle and processes. There are many literature references on NR expression in many organs, abnormal cells, and tissues. However, a simple universal method to study the expression of NR is still missing. Here, we present systematic profiling of NRs in human umbilical cord stem cell lines and assess the expression of the 49 human NRs by quantitative real-time (qRT)-PCR using Metadichol, a nanoemulsion made of natural lipid alcohol. Metadicholtreated umbilical cord cells and fibroblasts, where all cells expressed NRs at a concentration range of 1 picogram per ml to 100 ng per ml in a dose dependent manner, were detected by qRT-PCR and qualified by Western blotting. This method will allow the study of many organs and tissues and expand our understanding of the role of NRs in mitigating diseases.

# **Highlights:**

Metadichol treatment of somatic cells leads to all 49 nuclear receptors being expressed.

Depending on the cell and concentration of Metadichol used, fold changes are different.

The method could be used to study many cells and disease cells to better understand NR expression patterns and implications. The results suggest that Metadichol is a universal ligand to all nuclear receptors.

Metadichol is controlling regulation of the expression of Nuclear receptors.

**Keywords:** Nuclear receptors; Stem cells; Fibroblasts; Ahr; Vitamin C; Sertolli cells; Chromatin; Qrt-Pcr; Metadichol; Nanoemulsion.

#### Introduction

Nuclear receptors (NRs) are transcription factors usually activated by small lipophilic molecules [1]. The 49 AHR (aryl hydrocarbon receptor) NRs, which are highly conserved in the human genome, are subdivided into seven subfamilies based on amino acid sequences (NOR, NR1, NR2, NR3, NR4, NR5, and NR6) [2]. Many NRs are classified as orphan receptors because they lack a specific ligand for activation [3]. Unliganded NRs are bound to heat shock protein 90 (HSP90) and can be found in the cytosol and nucleus. Receptors may also bind to corepressors without ligands [4]. 1,25-dihydroxyvitamin D3 is a small molecule that can diffuse through the cell membrane and bind to NRs located in the cytosol or nucleus of the cell [5]. This binding leads to several downstream events that eventually result in up- or downregulation of gene expression. The NR ligands exhibit a

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broad spectrum of full, partial, inverse agonist, or antagonist activities. Selective NR modulators activate only a subset of the functions induced by the ligand or act in a cell-typeselective manner [6]. Chromatin plays a crucial role in the actions of NR by modulating interactions with regulatory elements in the genome. However, when receptor binding occurs, chromatin changes that impact receptor signaling [7]. NRs bind to sDNA sequences, leading to modification of the chromatin structure. The final outcome leads to modulation of RNA polymerase activity resulting in increased or decreased transcription. transcription (Zaret and Yamamoto, 1984). Chromatin modification leads to pathways that impact NR action in various cells. Chromatin remodeling leads to numerous processes that involve pluripotency, cellular differentiation, inflammation, DNA damage and repair and tumor suppression [8]. NR regulation and its tissueexpression profile along with the associated cofactors are necessary to separate desirable therapeutic efficacies from undesirable side effects. One of the least studied areas is the regulation of NR ligands by NRs themselves. [8] reported NR expression profiles in human and mouse embryonic stem cell lines and during their early differentiation into embryoid bodies [9]. The expression of the 49 human and mouse NRs was assessed by quantitative real-time (qRT)-PCR. Hong et al. evaluated the expression of the receptors for estrogen, progesterone, and glucocorticoids [10]. Very little is known about systemic NR expression in human cell lines. In this research, we present the specific roles of NRs in human cell lines by characterizing the RNA and cDNA expression profiles of the NR superfamily while treating stem cells and fibroblasts with metadichol [11], which is a nanoemulsion of long-chain alcohols [12], using qRT-PCR and Western blotting methods.

# **Methods**

The methods, including qRT-PCR, Western blotting, and cell culture, were carried out by a commercial service provider, Skanda Life sciences, Bangalore, India. The procurement of chemicals and reagents was as follows. Human mesenchymal stem cells and normal human dermal fibroblast cells were procured from ATCC (USA). Primary antibodies were from either ABclonal, Woburn, (both in Massachusetts, USA) or Elabscience, Maryland, USA. The primers were from Sahagene, Hyderabad, India. Other molecular biology reagents were from Sigma-Aldrich, India.

#### Cell maintenance and seeding

We preserved the cells in a suitable medium with 1% antibiotics in a wet atmosphere of 5% CO2 at 37 °C. We changed the medium every two days until the cells reached confluency, and we assessed their viability using a hemocytometer. At 70%-80% confluency, we prepared and seeded single-cell suspensions containing 106 cells/mL in

six-well plates at a density of 106 cells/well. We incubated the cells for 24 h at 37 °C in 5% CO2, rinsed the cell monolayer with serum-free medium and treated it with Metadichol at preset concentrations.

#### Cell treatment

We prepared Metadichol in serum-free media at different concentrations (1 pg/mL, 100 pg/mL, 1 ng/mL, and 100 ng/mL) and then added them to predesignated wells. Note that the control cells were drug-free. We incubated the cells for 24 h. Next, we washed them gently with sterile PBS. We isolated RNA using TRIzol following the manufacturer's instructions and prepared cDNA followed by the analysis of several biomarkers using qPCR and Western blotting.

#### **RNA** isolation

We separated total RNA using TRIzol reagent (Invitrogen) and collected approximately 106 cells in 1.5 mL microcentrifuge tubes. The cells were centrifuged at 5,000 rpm for 5 min at 4 °C, and the supernatant was removed. Next, we added 650 µL of TRIzol to the pellet and mixed the solution to be incubated on ice for 20 min. Subsequently, we added 300 µL of chloroform and mixed the samples well by gentle inversion for 1-2 min and then incubated them on ice for 10 min. We centrifuged the samples at 12,000 rpm for 15 min at 4 °C and carefully transferred the upper aqueous layer to a new sterile 1.5 mL centrifuge tube, to which we added an equal amount of prechilled isopropanol and incubated the samples at -20 °C for 60 min. Afterward, we centrifuged the mixture at 12,000 rpm for 15 min at 4 °C and prudently removed the supernatant. The RNA pellets were retained and washed with 1.0 mL of 100% ethanol, followed by 700 µL of 70% ethanol via centrifugation as described previously after each step. We air-dried the RNA pellets at room temperature for almost 15–20 min and then resuspended them in 30 μL of DEPC-treated water. We quantified the RNA concentration using a SpectraMax i3x 

SpectraDrop Micro-Volume Microplate (Molecular Devices, USA) and synthesized cDNA using reverse transcription-PCR.

# cDNA synthesis

Following the manufacturer's guidelines, we synthesized cDNA from 2  $\mu g$  of RNA using the PrimeScript cDNA synthesis kit (Takara, France) and oligo dT primers. The reaction volume was 20  $\mu$ L, and cDNA synthesis was performed at 50 °C for 30 min, followed by 85 °C for 5 min on an Applied Biosystems instrument (Veritii). The obtained cDNA was used in the following step for qPCR.

## Primers and qPCR

The PCR blend (final volume of 20  $\mu L)$  contained 1  $\mu L$  of cDNA, 10  $\mu L$  of SYBR green Master Mix, and 1  $\mu M$  complementary primers specific for the particular target genes. We ran the samples at the following settings: primary



denaturation at 95 °C for 5 min followed by 30 cycles of a secondary at 95 °C for 30 s, then hardening at the optimized temperature for 30 s, with an extension at 72 °C for 1 min. We identified the number of cycles that allowed amplification in the exponential range without reaching a plateau as the optimal number of cycles. We evaluated the results using CFX Maestro software and computed the fold change via the following equation.

#### **ΔΔCT** method

We determined the relative expression of the target gene in relation to the housekeeping gene ( $\beta$ -actin) and untreated control cells by the comparative CT method.

The  $\Delta$ CT for each treatment was calculated using the formula:

 $\Delta$ CT = CT (target gene) – CT (reference genes).

To obtain a  $\Delta\Delta$ CT, we subtracted the individual samples between the treated and control groups as follows:

 $\Delta\Delta$ CT =  $\Delta$ CT (treatment group) –  $\Delta$ CT (control group).

Similarly, we calculated the fold change in the target gene expression for each treatment using the formula.

Fold change =  $2^{(-\Delta \Delta CT)}$ 

#### **Protein isolation**

We isolated total protein from 106 cells using RIPA buffer supplemented with the protease inhibitor PMSF. We applied a mild inversion for 30 min at 4  $^{\circ}$ C to lyse the cells and then centrifuged them at 10,000 rpm for 15 min. Finally, we transferred the supernatant to a fresh tube and determined the protein concentration using the Bradford method, where 25  $\mu$ g of protein was mixed with 1X sample loading dye containing SDS and loaded on a gel. Under denaturing conditions, we separated the proteins using Tris-glycine running buffer.

# Western blotting

We transferred the proteins to methanol activated PVDF membranes (Invitrogen, USA) using a Turbo transblot system (Bio Rad, USA). We blocked the membranes with 5% BSA for 1 h and incubated them with the respective primary antibody overnight at 4 °C followed by a species-specific secondary antibody for 1 h at room temperature. We rinsed the blots and incubated them with ECL substrate (Merck, USA) for 1 min in the dark and captured the images at suitable exposure settings using a ChemiDoc XRS system (Bio Rad, USA).

Table 1: List of primers used for Q-RT-PCR

Gene	Primers		Base pairs
NR1C2/PPARD	F	CCTTCTCAAGTATGGCGTGC	226
	R	GATGGCCGCAATGAATAGGG	
RXRG	F	CAGGAAAGCACTACGGGGTA	254
	R	CCTCACTCTCAGCTCGCTCT	
PPARG	F	AGAAGCCTGCATTTCTGCAT	236
	R	TCAAAGGAGTGGAGTGGTC	
NR2F1	F	CATTTTTGGGCGATCTCCAGG	261
	R	GCCTTCTTCTTTCGGGAGGT	
HNF4A	F	ACTGCCACGTACCTGTGCCT	274
	R	AGGCATGCGAGTTGTGACCA	
HNF4G	F	AGCTGGCATATCTCAGCTGGC	185
	R	AACACCTGGCTGGCAATCGG	
NR2F2	F	CTCAACTGCCACTCGTACCT	253
	R	TCAACACAAACAGCTCGCTC	
NR1I3	F	CAGCAAACACCTGTGCAACT	189
	R	TGCGAAGTGTGACCAGAG	
NR1H4	F	AACAGAACAAGTGGCAGGTC	201
	R	AGAGTCTCAGCTGGCATACG	
ESR1	F	GATGTGGGAGAGGATGAGGA	165
	R	TCAGGCATGCGAGTAACAAG	

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ESR2	F	TTCAGCCTGTGACCTCTGTG	178
	R	CTTGGTTTGTCCAGGACGTT	
ESRRA	F	CAGGGGAGCATCGAGTACAG	303
	R	CTTCTCAGGCTCAACCACCA	
NR1D2	F	AGTTCTTCCAGCTCAGCCTC	226
	R	TTGTCATCCCAGGTGCACTC	
ESRRB	F	CTTGGTTTGTCCAGGACGTT	264
	R	TTTTCCATCATGGCTTGACA	
NR5A2	F	TCCAGCTTCCAGGCAGCCTC	234
	R	GATCTGTGAATCTGCGTT	
NR3C2	F	CTGCCTCGTTTCCCTTTTCC	231
	R	CCATGATCTGTGCGTTCCTG	
NR0B2	F	GCTGTCTGGAGTCCTTCTGG	164
	R	CTGGGTATGAATCCCAGCAC	
ESRRG	F	GACTTGACTCGCCACCTCTC	174
	R	GTGGTACCCAGAAGCGATGT	
NR4A2	F	CCGGTGTCTAGTTGCCAGAT	275
	R	ACGCCGTAGTGTTGGCAG	
NR2F6	F	GGACTCTGGCTTCTCCTC	187
	R	TAGGGGTGCTGAGGAACAAG	
NR6A1	F	GAGGAACAGGTGCCAGTACT	175
	R	GGCCTCTTCCTCAAACTCCT	
THRB	F	GCCTCCAATAGCTCCAGGAT	201
	R	CACCCAGTTCCAGGATTCCT	
VDR	F	GACGCCCACCATAAGACCTA	247
	R	AGATTGGAGAAGCTGGACGA	
NR1H2	F	CCTCCTGAAGGCATCCACTA	261
	R	GAACTCGAAGATGGGGTTGA	-
NR1D1	F	AGGCAGCAAGCAGT	291
	R	ACAGCGCATCCTTCCCCATA	
NR2C1	F	CCCAAGGCAAGCAGTTCATT	157
	R	GCAGACAGATCAGGAGTGGT	
NR2C2	F	TCACCACCTCAGACAACCTC	164
7111202	R	ACTGACAGCCCCATAGTGAC	101
NR1I2	F	AACGCAGATGAGGAAGTCGG	103
741.772	R	AGCCCTTGCATCCTTCACAT	100
NR4A3	F	GCCCAATATAGCCCTTCCCC	224
7.07.17.10	R	TGCATTTGGTACACGCAGGA	
NR3C1	F	CTTGCATATTTGTGCCTTCA	174
141.001	R	CTTGATGATTTGTGCCTTCA	174
AR	F	GGGGCTAGACTGCTCAACTG	169
AU	R	GCCAAGTTTTGGCTGAAGAG	109
NR0B1	F	CAGAGGCCAGGGGTAAAG	137
INTUDI			137
	R	TGCGCTTGATTTGTGCTCGT	

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PGR	F	ACATGGTAGCTGTGGGAAGG	198
	R	GCTAAGCCAGCAAGAAATGG	
RORA	F	TCGAACCAGTAGAAACCGCT	219
	R	TTGGCCGAGATGTTGTAGGT	
RORB	F	CTCACTTCTCCACCTGCTCA	212
	R	GGAGTTGGTGGCTGGGATAT	
RORC	F	AGTCGGAAGGCAAGATCAGA	204
	R	CAAGAGAGGTTCTGGGCAAG	
NR2E3	F	GGAGTCCAACACTGAGTCCC	289
	R	GGCCATGAAGAGTAGGCGAG	
NR5A1	F	AGGCACCAGGGAAGATCA	241
	R	TGCCAGGCCAGGGAATACA	
NR2E1	F	CAAGTGGGCTAAGAGTGTGC	158
	R	CGTTCATGCCAGATACAGCC	
NR4A1	F	GCCAATCTCCTCACTTCCCT	202
	R	CAGCAAAGCCAGGGATCTTC	
RARA	F	GTGTCACCGGGACAAGAACT	146
	R	CGTCAGCGTGTAGCTCTCAG	
RXRA	F	CTCTGTTGTCCTGTTGCC	155
	R	CTTCTCCCTTTGCGTGTTCC	
PPARA	F	CTGTCTGCTCTGTGGACTCA	247
	R	AGAACTATCCTCGCCGATGG	
RARB	F	GGTTTCACTGGCTTGACCAT	216
	R	GGCAAAGGTGAACACAAGGT	
AHR	F	GGTTTCACTGGCTTGACCAT	274
	R	CAGAGGACCAAATCCAGCAT	
RARG	F	GAAGACCGCGACAACTTCC	180
	R	GTTGAGTTAAGACATGAGGG	
RXRB	F	GCAGGAGTAGGAGCCATCTT	188
	R	GCATACACTTTCTCCCGCAG	
THRA	F	ACCTCCATCCCACCTATTCC	242
	R	CTCTTCAGGAGTGGGCTCTG	
NR1H3	F	GAGATCCTCCCGTGGCATTA	151
	R	GAGAACCCTGTGCAAAGTGG	

F, forward; R, reverse

Table 2: Metadichol and Human Mesenchymal Stem Cells and fold changes of NR's

Metadichol concentrations	1 pg	100 pg	1 ng	100 ng	
Common name					Nomenclature name
DAX1	0.19	0.33	0.38	0.11	NR0B1
SHP	1.39	0.75	1.06	0.29	NR0B2
TRα	16.16	12.24	7.7	5.32	NR1A1
TRβ	7.71	1.94	15.11	8.71	NR1A2
RARα	1.27	0.79	0.52	0.44	NR1B1



RARB	1.67	1.39	0.48	0.73	NR1B2
RARy	2.52	1.04	0.96	0.82	NR1B3
PPARα	4.66	3.48	3.92	1.35	NR1C1
PPAR-β/δ	3.74	4.5	4.5	0.44	NR1C2
PPARG	1.82	1.7	1.03	1	NR1C3
Rev-ErbAα	1.93	1.29	0.8	0.6	NR1D1
Rev-ErbAβ	0.89	0.47	0.35	0.15	NR1D2
RORα	1.77	1.39	0.94	0.67	NR1F1
RORβ	0.81	0.84	0.7	0.33	NR1F2
RORy	0.52	0.74	1.19	1.08	NR1F3
LXRB	1.28	0.97	0.55	0.19	NR1H2
LXRα	1.28	1.17	0.84	0.18	NR1H3
FXR	1.98	1.09	0.53	0.6	NR1H4
VDR	2.03	0.92	3.67	0.54	NR1I1
PXR	0.6	0.74	1.11	0.39	NR1I2
CAR	8.03	1.49	2.91	10.61	NR1I3
HNF4A	0.99	0.72	0.51	0.13	NR2A1
HNF4γ	1.39	1.51	0.36	0.26	NR2A2
RXRA	1.4	1.21	0.99	0.79	NR2B1
RXRB	1.87	1.13	1.05	0.69	NR2B2
RXRG	2.15	2.2	1.5	0.76	NR2B3
TR2	1.3	1.27	0.74	0.39	NR2C1
TR4	1.6	1.5	0.74	0.51	NR2C2
TLX	0.95	1.37	1.18	0.57	NR2E1
PNR	2.18	1.23	1.51	1.25	NR2E3
COUP-TFI	1.78	1.57	1.04	0.65	NR2F1
COUP-TFII	1.81	1.48	1.15	1.07	NR2F2
EAR-2	0.98	0.95	0.43	0.08	NR2F6
ERα	1.86	1.17	1.94	0.4	NR3A1
ERβ	1.81	1.37	1.09	0.66	NR3A2
ERRα	1	0.88	0.59	0.35	NR3B1
ERRβ	1.11	2.32	1.45	1.36	NR3B2
ERRγ	1.84	1.02	0.55	0.18	NR3B3
GR	0.99	0.86	0.82	0.09	NR3C1
MR	1.15	0.78	0.52	0.21	NR3C2
PR	1.19	0.94	0.67	0.12	NR3C3
AR	1.15	0.37	0.11	0.33	NR3C4
NGFIB	1.82	0.67	1.16	0.61	NR4A1
NURR1	1.06	0.61	0.45	0	NR4A2
NOR1	5.43	1.89	0.35	0.5	NR4A3
SF1	3.2	2.56	1.92	5.09	NR5A1
LRH1	1.3	0.72	0.29	0.15	NR5A2
GCNF	1.7	0.86	0.65	0.15	NR6A1
AHR	0.39	0.58	0.79	0.51	AHR
	1	I.	I.	1	1



Table 3: Metadichol and normal human dermal fibroblasts and Fold changes of NR's

Metadichol concentrations	1pg	100pg	1ng	100ng	
Common Name					Nomenclature
DAX1	1.76	0.14	0.44	0.24	NR0B1
SHP	No Detectable expression	No Detectable expression	No Detectable expression	No Detectable expression	NR0B2
TRα	1.2	0.65	0.55	0.69	NR1A1
TRβ	1.15	1.18	2.4	0.92	NR1A2
RARα	2.15	1.81	0.63	1.06	NR1B1
RARB	2.68	1.3	1.18	1.1	NR1B2
RARy	2.84	2.95	3.9	1.09	NR1B3
PPARα	1.9	1.24	0.72	1.8	NR1C1
ΡΡΑΚ-β/δ	2.48	2.59	2.83	0.84	NR1C2
PPARG	3.78	6.11	7.31	3.07	NR1C3
Rev-ErbAα	1.5	0.64	0.07	0.75	NR1D1
Rev-ErbAβ	2.19	1.18	1.8	1.82	NR1D2
RORα	0.9	1.14	1.33	1.01	NR1F1
RORβ	2.71	0.99	0.69	0.88	NR1F2
RORy	1.86	1.02	0.91	1.04	NR1F3
LXRB	4.95	1.03	0.03	1.71	NR1H2
LXRα	1.63	1.79	3.84	0.71	NR1H3
FXR	2.69	1.32	1.27	0.87	NR1H4
VDR	1.83	2.34	2.35	1.54	NR1I1
PXR	1.81	0.37	0.97	1	NR1I2
CAR	0.98	0.67	0.49	0.53	NR1I3
HNF4A	6.03	3.4	2.69	3.64	NR2A1
HNF4γ	2.15	1.39	1.2	1.95	NR2A2
RXRA	2.5	0.86	1.32	0.98	NR2B1
RXRB	4.21	1.65	1.03	2.7	NR2B2
RXRG	2.84	2.95	3.9	1.09	NR2B3
TR2	1.08	1.16	1.7	0.85	NR2C1
TR4	3.66	1.38	1.09	4.17	NR2C2
TLX	3.38	1.49	1.69	0.88	NR2E1
PNR	1.43	1.46	2.48	1.27	NR2E3
COUP-TFI	0.16	0.9	4.18	0.5	NR2F1
COUP-TFII	1.05	1.19	2.98	0.59	NR2F2
EAR-2	2.84	1.22	1.66	1.02	NR2F6
ERα	2.42	1.58	0.73	2.02	NR3A1
ERβ	3.04	3.04	1.25	1.52	NR3A2
ERRα	10.31	8.3	6.58	11.1	NR3B1
ERRβ	0.92	0.74	0.48	1.76	NR3B2
ERRY	0.81	1.07	1.86	0.45	NR3B3
GR	1.71	0.14	0.77	0.45	NR3C1
MR	3.7	0.26	1.04	0.43	NR3C2
PR	0.71	1.25	2.19	0.42	NR3C2 NR3C3
AR	2.54	0.15	0.57	0.11	NR3C4
NGFIB	2.36		0.93	3.42	NR3C4 NR4A1
		1.55			
NURR1	3.56	6.02	8.63	7.62	NR4A2
NOR1	2.14	0.72	1.48	1.59	NR4A3
SF1	27.27	13.78	13.28	2.69	NR5A1
LRH1	3.32	1.79	1.74	2.02	NR5A2
GCNF AHR	2.46 10.17	0.83 4.32	0.39 3.79	2.19 1.52	NR6A1 AHR



### **Discussion**

Assuming a threshold of plus or minus 50% for the fold increase/decrease, 25 NRs were upregulated with stem cells and 36 with fibroblasts at a one pg (picogram per ml) concentration. SF1 (NR5A1) showed the highest increase of 27-fold in fibroblasts and 5-fold in stem cells. NR5A1 plays an essential role in Steroidogenesis, a biological process by which the body needs key steroid hormones for functioning that are generated from cholesterol. This process affects sexual differentiation, reproduction, fertility, hypertension, obesity, and physiological homeostasis [13]. NR5A1 guides somatic cells to fetal Sertoli cells [14]. The latter are vital nurse cells located in the testis that aim at controlling spermatogenesis, i.e., production of the male germ cells. Sertoli cells also secrete cytokines and growth factors; therefore, they control immune processes that defend germ cells from immunological attack [15,16,17]. Additionally, they aid in blocking the multiplication of T, B, and NK cells. These observations lead to lowering the immune response in cell transplantation in diabetes and neurogenerative diseases, skin implants, and other illnesses [18]. However, defects in Sertoli cells can cause infertility. Alternately, Oct 4, a pluripotent transcription factor, is involved in maintaining self-renewal in stem cells and somatic cells [19, 20]. In this context, SF1 is critical in regulating the transcription of Oct4. However, NR5A2 (LRH-1) can program somatic cells, leading to iPSCs, and thus can replace Oct4 and result in a better yield of iPSCs [21]. The substantial fold increases of NR5A1 is of enormous significance for the reproduction

and survival of the human species. We did not detect SHP (NROB2) expressed in fibroblasts but it is down regulated in stem cells. [22]. normal cells, such as embryonic stem cells or early embryos, down-regulation of SHP-1 can also affect the expression of Nanog, a key pluripotency factor that maintains the self-renewal and differentiation potential of these cells. Nanog expression is regulated by STAT3 phosphorylation, which is negatively controlled by SHP-1 (23) . Therefore, down-regulation of SHP-1 can increase STAT3 phosphorylation and Nanog expression, which enhances the pluripotency and reprogramming of these cells. This can have implications for regenerative medicine and stem cell. Another possible explanation is that SHP gene transcription is constantly induced by the expression and activation of nuclear factor-erythroid two (NRF2), which encodes NFE2L2 [24]. In addition, NRF2 is vital in controlling the adverse effects of electrophilic and oxidative stress [23] and does so by activating the expression of a wide array of antioxidant response genes. On the one hand, applying NRF2 activators in clinical trials [24] could prevent cancer and treat some diseases related to oxidative stress but on the other hand, integral triggering of NRF2 in many cancers can lead to the survival and proliferation of tumor cells, as well as resistance to anticancer therapy [26]. [27] revealed that the NRF2 signaling pathway can be regulated and inhibited with NRs such as RARα, RXRα, PPARγ, ERα, ERRβ, and GR [28]. These Nuclear receptors are expressed by both stem cells and fibroblasts, and we see SHP is downregulated in stem cells and not expressed in fibroblasts.

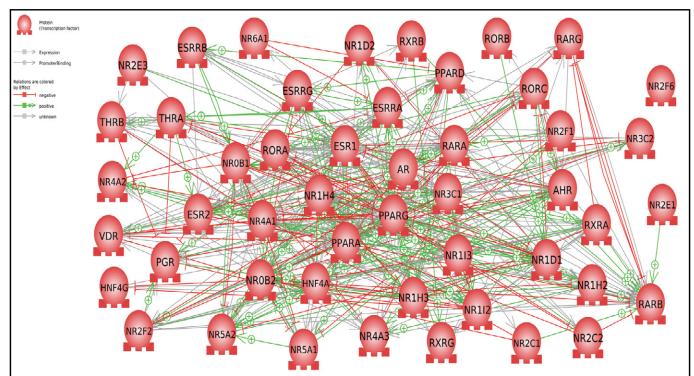


Figure 1: Feedback-loop Network Nuclear Receptor Interactions



Table 4: Cell processes regulated by the nuclear receptors

Cell processes regulated by entities enriched in the input	Total # of Neighbors	Gene Set Seed	Overlap	Percent Overlap	Overlapping Entities	p-value
Protein regulators of energy homeostasis	1185	energy homeostasis	39	3	PPARD,RXRG,PPARG,HNF4A,NR2F2,NR1I3,NR1H4, ESR1,ESR2,ESRRA,NR1D2,ESRRB,NR5A2,NR3C2,N R0B2,ESRRG,NR4A2,THRB,VDR,NR1H2,NR1D1,NR 2C2,NR1I2,NR4A3,NR3C1,AR,RORA,RORB,RORC,N R5A1,NR4A1,RARA,RXRA,PPARA,RARB,AHR,RARG ,THRA,NR1H3	8.3839E-34
Protein regulators of gene repression	737	gene repression	33	4	PPARD,PPARG,NR2F1,HNF4A,NR2F2,NR1H4,E SR1,ESR2,NR1D2,NR5A2,NR3C2,NR0B2,NR2F 6,NR6A1,THRB,VDR,NR1D1,NR1I2,NR3C1,AR,N R0B1,PGR,RORA,NR5A1,NR2E1,NR4A1,RARA,- RXRA,PPARA,RARB,AHR,RXRB,THRA	1.6368E-31
Protein regulators of transcription activation	3198	transcription activation	48	1	PPARD,PPARG,HNF4A,HNF4G,NR1I3,NR1H4,ESR1, ESR2,ESRRA,NR1D2,ESRRB,ESRRG,THRB,NR1H2, NR2C1,NR2C2,NR1I2,NR4A3,AR,NR0B1,PGR,NR2E3, NR2E1,RXRA,AHR,RXRB,NR2F1,NR2F2,NR5A2,NR3 C2,NR0B2,NR4A2,NR2F6,NR6A1,VDR,NR1D1,NR3C1,RORA,RORB,RORC,NR5A1,NR4A1,RARA,PPARA,RARB,RARG,THRA,NR1H3	9.7744E-31
Protein regulators of liver metabolism	524	liver metabolism	27	5	PPARD,RXRG,PPARG,HNF4A,NR1I3,NR1H4,ESR1,E SRRA,NR5A2,NR0B2,ESRRG,THRB,VDR,NR1H2,NR 1D1,NR1I2,NR4A3,NR3C1,AR,RORA,RORC,NR5A1,N R4A1,RXRA,PPARA,AHR,NR1H3	1.4922E-26
Protein regulators of lipid homeostasis	652	lipid homeostasis	28	4	PPARD,RXRG,PPARG,HNF4A,NR1I3,NR1H4,ESR1,E SR2,ESRRA,NR1D2,NR5A2,NR3C2,NR0B2,VDR,NR1 H2,NR1D1,NR2C2,NR1I2,NR3C1,AR,NR0B1,RORA,N R4A1,RXRA,PPARA,AHR,THRA,NR1H3	1.8223E-25
Protein regulators of lipid metabolism	2420	lipid metabolism	41	1	PPARD,RXRG,PPARG,HNF4A,HNF4G,NR2F2,NR1I3, NR1H4,ESR1,ESR2,ESRRA,NR1D2,NR5A2,NR3C2,N R0B2,ESRRG,NR6A1,THRB,VDR,NR1H2,NR1D1,NR2 C2,NR1I2,NR4A3,NR3C1,AR,NR0B1,PGR,RORA,ROR B,RORC,NR5A1,NR4A1,RARA,RXRA,PPARA,AHR,RA RG,RXRB,THRA,NR1H3	1.1817E-24
Protein regulators of steroidogenesis	879	steroidogenesis	29	3	PPARD,PPARG,NR2F1,NR2F2,NR1H4,ESR1,ESR2,E SRRA,NR1D2,ESRRB,NR5A2,NR0B2,ESRRG,THRB, VDR,NR1H2,NR1D1,NR1I2,NR3C1,AR,NR0B1,PGR,N R5A1,NR4A1,RXRA,PPARA,AHR,RXRB,NR1H3	2.9507E-23
Protein regulators of cholesterol homeostasis	393	cholesterol homeostasis	22	5	PPARD,PPARG,NR1I2,HNF4A,HNF4G,NR3C1,AR,NR 1I3,NR1H4,RORA,ESR1,NR1D2,NR5A2,NR0B2,RXRA ,PPARA,THRB,AHR,NR1H2,NR1D1,RXRB,NR1H3	4.9509E-22
Protein regulators of gluconeogenesis	1164	gluconeogenesis	30	2	PPARD,PPARG,HNF4A,HNF4G,NR1I3,NR1H4,E SR1,ESRRA,NR1D2,NR3C2,NR0B2,ESRRG,VD R,NR1H2,NR1D1,NR2C2,NR1I2,NR4A3,NR3C1, AR,NR0B1,RORA,RORC,NR5A1,NR4A1,RARA,P PARA,AHR,THRA,NR1H3	4.2944E-21
Protein regulators of lipogenesis	1428	lipogenesis	32	2	PPARD,RXRG,PPARG,HNF4A,HNF4G,NR113,N R1H4,ESR1,ESR2,ESRRA,NR1D2,NR5A2,NR3C 2,NR0B2,ESRRG,NR6A1,THRB,VDR,NR1H2,NR 1D1,NR2C2,NR1I2,NR3C1,AR,NR0B1,RORA,NR 4A1,RXRA,PPARA,AHR,RARG,NR1H3	5.7662E-21

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1046	fatty acid oxidation	28	2	PPARD,PPARG,HNF4A,NR2F2,NR1I3,NR1H4,ESR1,E SRRA,NR0B2,ESRRG,NR4A2,THRB,VDR,NR1H2,NR 1D1,NR1I2,NR4A3,NR3C1,RORA,RORC,NR4A1,RXR A,PPARA,RARB,AHR,RARG,THRA,NR1H3	7.108E-20
1626	chromatin remodeling	32	1	PPARD,RXRG,PPARG,NR2F1,HNF4A,NR1H4,E SR1,ESR2,ESRRB,NR5A2,NR3C2,NR0B2,THRB, VDR,NR1D1,NR2C1,NR2C2,NR4A3,NR3C1,AR,P GR,RORA,RORC,NR5A1,NR4A1,RARA,RXRA,P PARA,RARB,AHR,THRA,NR1H3	2.9862E-19
537	fatty acid beta- oxidation	22	4	PPARD,RXRG,PPARG,NR1I2,NR2F1,HNF4A,AR,NR1 I3,NR1H4,PGR,ESR1,ESRRA,NR0B2,ESRRG,NR4A1, RARA,RXRA,PPARA,VDR,AHR,NR1H2,NR1H3	4.2967E-19
1455	adipocyte differentiation	30	2	PPARD,PPARG,NR2F2,NR1H4,ESR1,ESR2,ESRRA,N R1D2,NR5A2,NR3C2,ESRRG,NR4A2,NR2F6,VDR,NR 1D1,NR4A3,NR3C1,AR,NR0B1,RORA,RORC,NR4A1, RARA,RXRA,PPARA,RARB,AHR,RARG,THRA,NR1H3	2.4971E-18
4071	cell development	43	1	PPARD,PPARG,NR2F1,HNF4A,NR2F2,NR1H4,ESR1, ESR2,ESRRA,NR1D2,ESRRB,NR5A2,NR3C2,NR0B2, ESRRG,NR4A2,NR2F6,NR6A1,THRB,VDR,NR1H2,NR 1D1,NR2C2,NR1I2,NR4A3,NR3C1,AR,NR0B1,PGR,R ORA,RORB,RORC,NR2E3,NR5A1,NR2E1,NR4A1,RA RA,RXRA,PPARA,AHR,RARG,THRA,NR1H3	3.6059E-18
2019	adipogenesis	33	1	PPARD,RXRG,PPARG,NR2F1,NR2F2,NR1H4,E SR1,ESR2,ESRRA,NR5A2,NR3C2,ESRRG,NR4A 2,NR2F6,THRB,VDR,NR1D1,NR2C2,NR4A3,NR3 C1,AR,NR0B1,RORA,RORC,NR4A1,RARA,RXRA ,PPARA,RARB,AHR,RARG,THRA,NR1H3	1.5873E-17
906	circadian rhythm	24	2	PPARD,PPARG,HNF4A,NR1I3,ESR1,ESRRA,NR1D2, NR3C2,NR0B2,NR4A2,THRB,NR1H2,NR1D1,NR1I2,N R3C1,RORA,RORB,RORC,NR2E3,NR4A1,RXRA,PPA RA,AHR,NR1H3	1.3695E-16
2174	lipid storage	33	1	PPARD,PPARG,HNF4A,NR2F2,NR1I3,NR1H4,E SR1,ESR2,ESRRA,NR3C2,NR0B2,ESRRG,NR2 F6,NR6A1,VDR,NR1H2,NR1D1,NR2C2,NR1I2,N R3C1,AR,NR0B1,PGR,RORA,NR5A1,NR4A1,RA RA,RXRA,PPARA,AHR,RXRB,THRA,NR1H3	1.5312E-16
733	fatty acid metabolism	21	2	PPARD,RXRG,PPARG,NR1I2,HNF4A,NR4A3,NR2F2, AR,NR1I3,NR1H4,ESR2,ESRRA,NR5A2,NR4A2,NR4A 1,RXRA,PPARA,VDR,AHR,NR1H2,NR1H3	4.7993E-15
1834	cellular aging	29	1	PPARD,PPARG,HNF4A,NR2F2,NR1H4,ESR1,ESR2,E SRRA,ESRRB,NR5A2,NR3C2,ESRRG,NR4A2,THRB, VDR,NR1H2,NR1D1,NR4A3,NR3C1,AR,PGR,RORA,N R2E1,NR4A1,RARA,RXRA,PPARA,RARB,AHR	1.7007E-14
1563	cellular senescence	27	1	PPARD,PPARG,HNF4A,NR2F2,NR1H4,ESR1,ESR2,E SRRA,ESRRB,NR5A2,NR3C2,ESRRG,NR4A2,THRB, VDR,NR1H2,NR1D1,AR,PGR,RORA,NR2E1,NR4A1,R ARA,RXRA,PPARA,RARB,AHR	2.9963E-14
	1626 537 1455 4071 2019 906 2174 733	1626 chromatin remodeling  537 fatty acid beta-oxidation  1455 adipocyte differentiation  4071 cell development  2019 adipogenesis  906 circadian rhythm  2174 lipid storage  733 fatty acid metabolism  1834 cellular aging	1046       oxidation       28         1626       chromatin remodeling       32         537       fatty acid betaoxidation       22         1455       adipocyte differentiation       30         4071       cell development       43         2019       adipogenesis       33         906       circadian rhythm       24         2174       lipid storage       33         733       fatty acid metabolism       21         1834       cellular aging       29	1046       oxidation       28       2         1626       chromatin remodeling       32       1         537       fatty acid beta-oxidation       22       4         1455       adipocyte differentiation       30       2         4071       cell development       43       1         2019       adipogenesis       33       1         906       circadian rhythm       24       2         2174       lipid storage       33       1         733       fatty acid metabolism       21       2         1834       cellular aging       29       1         1563       cellular       27       1	1046         fatty acid oxidation         28         2         SRRANROBZ ESRRGNRAAZ THRR.VORNIRHZNRA IDI.NRIZ.NRAAJNRIZI RORA RORG NRAC NRAAI, RXR A,PPARA,RARB,AHR,RARG,THRA,NRTH3           1626         chromatin remodeling         32         1         PPARD,RXRG,PPARG,NR2F1,HNF4A,NRTH4.E SR1,ESR2,ESRRB NR5A2,NR3C2,NR0B2,THRB. VDR, NRTD1 NR2C1, NRAA3,NR3C1,AR,P GR,RORA,RORC,NR5A1,NRAA1,RARA,RXRA,PPARA,RARB,AHR,THRA,NRTH3.           537         fatty acid beta-oxidation         22         4         PPARD,RXRG,PPARG,NR2F1,HNF4A,ARR,RR1H2,NRTH2,NRTH3.NRTH4,PGR,ESR1,ESR2,ESRRB,NR3C2,ESRRG,NRAA1,RARA,RXRA,PPARA,VDR,AHR,NRTH2,NRTH3.NRTH4,PGR,ESR1,ESR2,ESRRB,NRAA1,NRTH4,NRTH4,RRTH4,RRTH4,PGR,ESR1,ESR2,ESRRB,NRAA2,NR3F6,VDR,NR 1D1,NRAA3,NR3C1,AR,NRGB1,RORA,RORC,NRA41,RARA,RARA,PPARA,RARB,AHR,RARG,THRA,NRTH3           4071         cell development         43         1         PPARD,PPARG,NR2F1,NRTH4,LSRT,LSR7,ESR2,ESRRB,NRA41,NRTH4,NRTH2,NRTH3,NRTH4,RARA,RARA,PPARA,RRARB,AHR,RARG,THRA,NRTH3           4071         cell development         43         1         PPARD,PPARG,NR2F1,HNF4A,NR2F2,NRTH4,ESR1,ESR2,ESRRB,NRA42,NR361,RRAR,NRTH4,NRTH2,NRTH3,NRTH4,RRAR,RRAM,RRAM,RRAM,RRAM,RRAM,RRAM,RRA

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The expression of AHR is increased in skin fibroblasts (10fold increase) compared to stem cells (60% downregulated). AHR [29,30], is involved in the function of the skin as the first barrier against many pathogens and environmental threats. Moreover, AHR controls [31] immune-mediated skin reactions and many physiological functions by acting as a sensor that mediates environment-cell interactions, predominantly during immune and inflammatory responses. Consequently, AHR plays a crucial role in skin integrity and immunity [32] in homeostasis and disease. This might explain the increased AHR expression. To further understand the direct interactions among NRs, we analyzed gene networks using Pathway Studio [33]. Nuclear receptor interaction maps showed the presence of a closed-loop network, as shown in Figure 1. The 25 most significantly enriched cell processes regulated by the gene set (p<E-9) are shown in Table 4. A complete list of processes regulated by the gene subsets is available in supplementary material. The key process is regulation of biological pathways like protein regulation of energy homeostasis, regulation of gene expression, cellular senescence and many others. These process lead to a complete regulation of biological processes in the body brought about by Metadichol and its expression of all nuclear receptors. and many others are regulated to that maintain homeostasis in the body.

#### **Conclusion**

Metadichol, is potentially a natural ligand for all 49 NRs. This result has a profound impact on the regulation of many biological processes, such as development, metabolism, reproduction, inflammation, and circadian rhythm. Previously we have shown that it binds to VDR, AHR, THRA, THRB, and RORC [12, 34, 35, 36]. It is not therefore surprising that Metadichol ® effects multiple pathways in diseases. Cholesterol, long chain lipid alcohols like Metadichol

(a mixture of C26-C28-C30 alcohols (C28 is major constituent > 80%), fatty acids, fat-soluble vitamins, and other lipids in our meals are critical nutrients and precursors to nucleus receptor-binding ligands [37, 38]. To the best of our knowledge, this research is the first to show that NRs can be expressed from undifferentiated and differentiated cells. Our procedure is generic and can be applied to study variety of cells. NR's are differentially expressed in the two groups of cells stems and fibroblasts. Studies of normal and diseases cells could reveal the role that nuclear receptors play and lead to a better understanding of diseases processes. More studies need to be carried out with different types of cells to better understand the nature of nuclear expression by treatment with Metadichol. Ongoing research based on this approach will be reported soon.

### **Declaration of Interest**

The author is Founder and sole stake holder of privately

held company Nanorx Inc NY 10514, USA. The author was involved with study, design data collection and analysis. The author declares no other competing interests.

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R&D budget of Nanorx Inc

# Availability of data and materials

All data are presented in manuscript and in the supplementary materials.

# **Supplementary materials Consist of the following Files**

- 1. Raw RT-PCR data of Regulation of Nuclear receptor genes in HMSC cells treated with Metadichol
- 2. RAW RT-PCR Regulation of Nuclear Receptor genes in NHDF cells treated with Metadichol.
- 3. Western Blot studies of Nuclear Receptor Protein expression using HMSC cells
- 4. Western Blot studies of Nuclear Receptor Protein expression using NHDF-C adult cells
- Cell Processes regulated and enriched by Nuclear Receptors.

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