

### **Research Article**

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# **Epidemiology and Management of Postoperative Infections in Hepatectomy** and Pancreaticoduodenectomy

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#### **Abstract**

Infections remain a major source of postoperative morbidity and mortality following complex bile duct surgeries, namely hepatectomy and pancreaticoduodenectomy. Infection rates remain high—ranging from 24% to 61%—and are influenced by multiple factors, including patient comorbidities, surgical complexity, and perioperative variables such as prolonged operative time, excessive blood loss, and preoperative biliary drainage. Disruption of the biliary barrier due to drainage or stent placement promotes bile stasis, microbial colonization, and biofilm formation, facilitating the emergence of multidrug-resistant (MDR) pathogens such as Escherichia coli, Klebsiella pneumoniae, and Enterococcus species. These resistance mechanisms—such as β-lactamase production, altered membrane permeability, efflux pump activity, and target site modification make antimicrobial therapy increasingly complex, prolonging recovery, hospitalization, and healthcare costs. Diagnosis is often challenging and relies on a combination of clinical assessment, inflammatory markers (including leukocytosis, C-reactive protein, and procalcitonin), and microbiological cultures from bile, wound, or drainage fluid. Once infection is confirmed, management requires early recognition, empirical broad-spectrum antibiotic coverage, and subsequent de-escalation based on susceptibility testing. To prevent recurrence, effective source control through interventional drainage or reoperation is essential. In select cases, antifungal therapy may be indicated, particularly in the presence of Candida coinfection associated with biliary interventions or prolonged antibiotic exposure. Preventive strategies—including optimized perioperative care, tailored antibiotic prophylaxis, nutritional optimization, and minimally invasive surgical approaches—are vital to reduce infectious risk. Future efforts should focus on refining risk stratification, advancing rapid diagnostic methods, and developing evidence-based protocols to address the growing challenge of MDR infections and improve postoperative outcomes in hepatobiliary surgery.

Keywords: Bile colonization; Biofilm formation; Empiric antibiotic therapy; Hepatobiliary surgery complications; Multidrug-resistant (MDR) infection; Preoperative biliary drainage

### Introduction

Bile duct surgeries encompass a range of procedures, from routine operations to highly complex interventions. This review primarily focuses on hepatectomy and pancreaticoduodenectomy, with particular emphasis on postoperative infectious outcomes. These surgeries are associated with high infection rates, reported between 24% and 61%, depending on the

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procedure [1]. Several factors influence these outcomes, including patient characteristics, perioperative variables, and the inherent complexity of the surgery, with procedural complexity being one of the most significant determinants.

# **Risk Factors for Postoperative Infection**

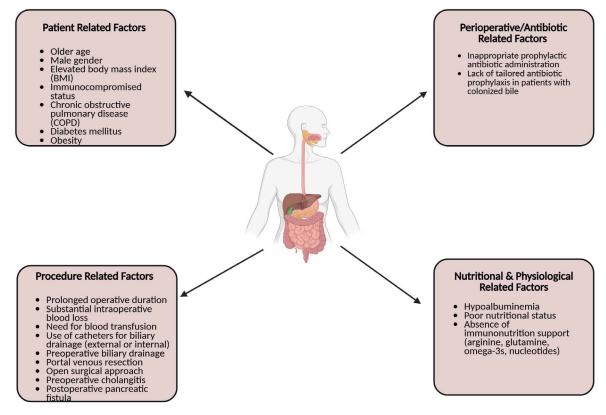
Patient-related factors linked to negative postoperative outcomes include older age, male gender, elevated body mass index, immunocompromised status, and comorbidities such as chronic obstructive pulmonary disease (**Figure 1**). Perioperative and postoperative contributors include prolonged operative duration, intraoperative blood loss, transfusion requirements, and the use of external or internal biliary drainage catheters [2]. Additionally, inappropriate prophylactic antibiotic administration—particularly when failing to target bile-cultured organisms or multidrug-resistant species—can exacerbate adverse outcomes [3,4].

# Findings from Retrospective and Multicenter Studies

Multicenter studies have identified several key risk factors for postoperative infection following hepatectomy and pancreaticoduodenectomy. These include diabetes, obesity, preoperative biliary drainage, prolonged operative time, and open or complex surgical approaches. The highest odds ratios (OR) and infection risks are observed with portal venous resection (OR 5.5) and open approach (OR 4.99) after hepatectomy, and with preoperative cholangitis (OR 10.07) and postoperative pancreatic fistula (OR 6.53) after pancreaticoduodenectomy [5]. These findings highlight that both patient comorbidities and procedure-related factors significantly increase infection risk, emphasizing the importance of targeted perioperative optimization and infection-prevention strategies.

### **Modifiable Perioperative Risk Factors**

Modifiable factors include nutritional optimization, surgical efficiency, antibiotic stewardship, and drainage management. Monitoring and correcting hypoalbuminemia reduces infection risk, as low albumin is a strong predictor of surgical site infection. In patients with biliary drainage, tailored antibiotic prophylaxis guided by preoperative screening and bile cultures can reduce infection rates and mitigate the effects of colonized bile [6]. Evidence supports the use of preoperative immunonutrition (arginine, glutamine, omega-3 fatty acids, and nucleotides), with administration for 5–7 days shown to reduce infection (OR 0.45–0.62), anastomotic leak (OR 0.67), and hospital stay duration (–1.26 to –1.94 days) [7].



**Figure 1:** Factors contributing to postoperative infections in gastrointestinal surgery. The diagram illustrates four major categories of risk factors: patient-related factors, procedure-related factors, perioperative/antibiotic-related factors, and nutritional and physiological factors. Together, these elements increase susceptibility to postoperative infectious complications.



### **Comparative Morbidity and Mortality**

Hepatectomy with extrahepatic bile duct resection and pancreaticoduodenectomy are particularly prone to infectious complications. In hepatectomy, biliary reconstruction increases the risk of bile leakage and postoperative cholangitis, while pancreaticoduodenectomy is associated with infection due to biliary obstruction and stenting, which predispose the biliary system to microbial contamination.

Globally, outcomes vary widely. After hepatectomy, 90-day mortality ranges from 1.3% for minor resections to 11.4% for extended resections, with major complications (Clavien-Dindo  $\geq$  III) occurring in 22–39% of cases [8]. For pancreaticoduodenectomy, the 90-day mortality is around 5% worldwide but lower (<3%) in high-volume centers. Morbidity remains high (40–68%), with major complications in 18–27% and pancreatic fistula in 10–26%. Increasing procedural complexity, particularly with vascular resections, raises morbidity up to 87% and in-hospital mortality to 18%. Centralization to high-volume centers and standardized perioperative protocols may reduce these risks and improve surgical outcomes globally [9].

### Hepatectomy

Hepatectomy is most often indicated for complex or malignant hepatobiliary diseases, most commonly hepatocellular carcinoma and colorectal liver metastases. These operations are classified as major hepatectomy, involving resection of three or more liver segments, or minor hepatectomy, involving one to two segments [10]. In cases of carcinoma with bile duct involvement, hepatectomy may also include extrahepatic bile duct resection and biliary reconstruction, which increase procedural complexity and the risk of complications such as bile leakage, cholangitis, and surgical site infection [11].

The segmental anatomy of the liver is fundamental in planning and performing hepatectomies. It is defined by the portal triad, which consists of the portal vein, hepatic artery, and bile ducts, allowing for precise resection of diseased tissue while preserving functional parenchyma. This anatomical precision is essential to maintain hepatic function and minimize the risk of postoperative liver failure, particularly in patients undergoing extensive resections. Preoperative imaging plays a critical role in delineating vascular and biliary anatomy, identifying anatomical variations, and guiding the surgical approach [12].

Preoperative considerations for hepatectomy and pancreaticoduodenectomy first includes assessing liver function (Child-Pugh and MELD scores), future liver remnant (FLR) volume, and the presence of portal hypertension. The American Association for the Study of Liver Diseases (AASLD) provides recommendations for resection only in certain cases these include patients with compensated

cirrhosis (Child-Pugh A), absence of clinically significant portal hypertension, and an adequate FLR (>30% in non-cirrhotics, >40% in cirrhotic [13]. Additionally accounting for patient-related factors such as advanced age, comorbidities, elevated ASA score, and underlying liver disease can all lead to increase perioperative risk [14]. In evaluating postoperative outcomes, these are primarily influenced by procedural complexity and perioperative variables such as prolonged operative time, increased blood loss, and need for transfusion. Complication rates range from 24% to 61%, with the highest rates seen in complex resections and high-risk patients [15].

# **Pancreaticoduodenectomy (Whipple Procedure)**

It is key to assess overall liver function and the amount of healthy tissue that will remain post resection. Use of the Child-Pugh, MELD, and ALBI scores, help evaluate liver reserve and the risk of decompensation. In other cases, measures such as indocyanine green clearance or liver stiffness measurements are used to gauge functional capacity. The future liver remnant (FLR) is measured using CT or MRI imaging. There can be different signs pointing to portal hypertension which include low platelets, ascites, or varices which all can increase the risk of postoperative complications [16]. Jaundice patients may require preoperative biliary drainage, particularly in cases of infection, poor nutrition, or small future liver remnant is present. Endoscopic drainage is generally preferred over percutaneous methods because it carries fewer complications [17].

### **Imaging, Staging, and Tumor Evaluation**

Detailed imaging is essential to plan both hepatic and pancreatic operations. High-resolution CT or MRI scans help define the liver's segmental anatomy, identify any vascular or biliary variations, and detect hidden metastases. When needed, endoscopic ultrasound, ERCP, or PET/CT can provide additional information about tumor involvement and spread [18]. Blood tests measuring tumor markers such as CA 19-9, CEA, and CA125 can help evaluate cancer behavior and the likelihood of advanced disease. Elevated levels often suggest a higher chance of metastatic spread and may influence the decision to proceed with surgery or consider alternative treatments [19].

# Operative Considerations: Hepatectomy and Pancreaticoduodenectomy

Hepatectomy is most often performed for complex or malignant liver diseases, including hepatocellular carcinoma and colorectal liver metastases. Resections can be minor, involving one or two segments, or major, involving three or more. In advanced cases, the surgery may include bile duct resection and reconstruction, which increases the risk of complications such as bile leaks and infections [20]. The



Whipple procedure, or pancreaticoduodenectomy, is typically done for cancers involving the pancreatic head or bile duct. This operation removes the head of the pancreas, gallbladder, distal bile duct, and part of the small intestine, followed by reconstruction to restore digestive continuity. Because of the close relationship between the pancreas, bile duct, and major blood vessels like the portal vein and superior mesenteric vessels, the procedure is technically challenging [21]. The uncinate process, which curves around these vessels, often complicates dissection even further. Due to its complexity and the presence of multiple anastomoses, the Whipple carries a high risk of infection, bile leak, and pancreatic fistula—especially in patients with preoperative stenting or biliary obstruction [22].

#### **Bile Contamination and Microbial Colonization**

Bile contamination—the presence of microorganisms in the biliary tract—is a key factor in postoperative infections. Under normal conditions, bile is sterile; however, surgical manipulation and preoperative biliary drainage significantly alter this environment.

Microbial colonization leads to complications through biofilm formation, altered bile acid composition, and local immune modulation, all of which impair healing. Postoperative infections commonly involve Enterococcus, Klebsiella, and Escherichia coli. Enterococcus faecalis and E. faecium are often linked with pancreatic fistulas and prior biliary drainage, while Klebsiella pneumoniae is frequently isolated in patients with biliary stenting [23]. (Figure 2).

Percutaneous biliary drainage (PBD) disrupts the sphincter of Oddi, allowing retrograde bacterial migration [24]. This frequently results in polymicrobial, multidrug-resistant infections, with E. coli colonization strongly associated with surgical site infections, abscesses, and pancreatic fistulas [25].

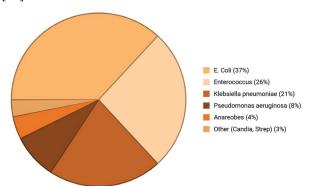


Figure 2: Commonly isolated infective agents in biliary tractinfections. Escherichia coli represents the most frequent pathogen (37%), followed by Enterococcus species (26%) and Klebsiella pneumoniae (21%), with less frequent isolates including Pseudomonas aeruginosa (8%), anaerobes (4%), and other organisms such as Candida and Streptococcus species (3%). Based on averages and normalized.

### **Fungal and Anaerobic Coinfections**

Fungal and anaerobic coinfections, especially after pancreaticoduodenectomy, further complicate management. Candida species are isolated in 17–50% of postoperative drainage cultures, with higher prevalence in patients receiving broad-spectrum antibiotics or biliary drainage [26]. Fungal infection correlates with higher-grade pancreatic fistula, major morbidity, hemorrhage, and surgical site infection, and Candida bloodstream infection can raise mortality to 69% in infected pancreatic necrosis [27].

# **Multidrug Resistance and Antibiotic Management**

Multidrug resistance (MDR) is a growing concern in postoperative infections involving bile contamination. Resistance arises primarily through enzymatic degradation of antibiotics, altered membrane permeability, efflux pump activation, and target site modification [28]. (**Figure 3**). Among Enterobacteriaceae, production of extended-spectrum  $\beta$ -lactamases (ESBLs) or AmpC  $\beta$ -lactamases confers resistance to penicillins and cephalosporins [29]. Some acquire carbapenemases such as New Delhi metallo-beta-lactamases (NDM) or OXA-type enzymes (oxacillinases), while Pseudomonas aeruginosa and Acinetobacter baumannii display resistance via efflux overexpression and biofilm tolerance [30].

Preoperative biliary drainage (PBD) further promotes resistance by disrupting the biliary barrier and introducing gut or hospital flora, which develop MDR through repeated antibiotic exposure [31]. Common MDR pathogens include Enterococcus spp., Klebsiella pneumoniae, and Escherichia coli. Bile stasis—resulting from obstruction or stent use—impairs bile flow and promotes bacterial overgrowth, leading to bacterobilia and polymicrobial colonization [32]. Biofilm formation on stents and drains worsens resistance by shielding bacteria from immune and antibiotic effects, often involving vancomycin-resistant Enterococcus and azole-resistant Candida [33].

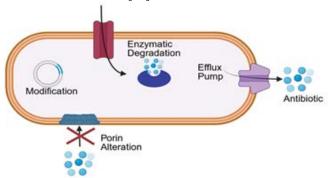
Empirical broad-spectrum coverage (e.g., piperacillintazobactam) is recommended postoperatively, with therapy narrowed based on cultures. Duration depends on infection severity and source control—short courses for superficial infections, and 4–7 days for intra-abdominal or bloodstream infections [34]. Antifungal therapy is indicated for Candida infection or high-risk patients [35]. All treatment should follow antibiotic stewardship principles, emphasizing early initiation, targeted therapy, and avoidance of unnecessary prolonged use to prevent further resistance [36].

### **Diagnosis of Multidrug-Resistant Infections**

Diagnosis of multidrug-resistant (MDR) infections relies on clinical, laboratory, and microbiological assessments



[37]. Laboratory markers—persistent leukocytosis, elevated C-reactive protein, and procalcitonin—suggest ongoing infection despite treatment, though they lack specificity for resistance mechanisms [38].



**Figure 3:** Representation of bacterial mechanisms of antibiotic resistance. Illustrated mechanisms include enzymatic degradation of antibiotics, activation of efflux pumps, alteration of membrane porins reducing drug uptake, and genetic modification conferring resistance traits.

Bile, wound, and drain cultures provide the most direct evidence of resistance. Isolation of MDR organisms such as extended-spectrum β-lactamases-producing E. coli, Klebsiella pneumoniae, vancomycin-resistant Enterococcus, and carbapenem-resistant Enterobacter confirms resistance [39]. Antibiotic susceptibility testing identifies patterns—resistance to cephalosporins, fluoroquinolones, carbapenems, or glycopeptides—revealing underlying mechanisms like β-lactamase production, altered permeability, efflux activity, and target modification [40-42].

Polymicrobial colonization is most common in patients undergoing biliary drainage and significantly increases the risk of postoperative infection [43]. Preoperative biliary drainage can alter bile sterility, leading to high rates of colonization with polymicrobial and drug-resistant organisms, including Enterobacteriaceae such as ESBL-producing Escherichia coli and Klebsiella pneumoniae, as well as Enterococcus species [44]. Multidrug-resistant (MDR) colonization is an independent risk factor for surgical site infections, postoperative pancreatic fistula, sepsis, and overall morbidity [45]. Furthermore, these organisms can form biofilms within biliary stents, which protect pathogens from both antibiotic activity and host immune responses [46] (Figure 4).

The identification of identical resistant organisms in both bile and wound or drain cultures confirms the pathogen source and enables targeted antimicrobial therapy [47]. Concordance is highest for Enterococcus spp., E. coli, K. pneumoniae, ESBL-producing Enterobacteriaceae, and vancomycin-resistant Enterococcus (VRE) [48]. This confirmation supports culture-guided adjustments to therapy, allowing for early de-escalation of broad-spectrum empiric antibiotics or escalation when resistance is identified [49]. While concordance rates are high, the predictive value of bile cultures for specific resistance profiles is limited by selective pressures during therapy and biofilm-mediated resistance [50].

Antimicrobial stewardship programs play a critical role in managing these infections by facilitating preoperative MDR screening, intraoperative bile sampling, and tailored

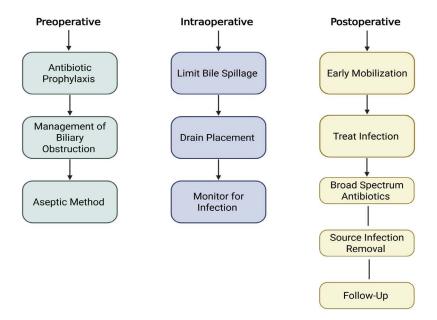


Figure 4: Approach to infection prevention and management in biliary surgery. Key strategies are shown across the perioperative continuum: preoperative (antibiotic prophylaxis, management of biliary obstruction, aseptic techniques), intraoperative (limiting bile spillage, drain placement, infection monitoring), and postoperative phases (early mobilization, infection treatment, broad-spectrum antibiotic therapy, source control, and follow-up).



prophylactic regimens [51]. Studies have demonstrated that integrating these strategies reduces postoperative infection rates in high-risk hepatobiliary and pancreatic surgeries [52].

Imaging modalities are essential for detecting abscesses, fluid collections, bile leaks, and anastomotic failures in patients with suspected infections [53]. In adults presenting with fever and sepsis, computed tomography is the first-line modality for identifying deep or complex intra-abdominal collections. Ultrasound is useful for rapid bedside assessment and percutaneous drainage of large collections but is limited in evaluating deeper or gas-containing lesions. Magnetic resonance imaging (MRI), particularly magnetic resonance cholangiopancreatography (MRCP), provides detailed delineation of biliary anatomy and detection of subtle leaks or ductal obstruction when other imaging modalities are inconclusive. Radiologic signs of infection include rimenhancing fluid collections, intralesional gas, and contrast extravasation at anastomotic sites [54,55].

The Infectious Diseases Society of America (IDSA) and the American College of Radiology (ACR) recommend integrating imaging and microbiologic findings for the management of complicated hepatobiliary and pancreatic infections. Imaging alone cannot distinguish sterile from infected collections, and intraoperative culture sampling is recommended when imaging identifies suspicious collections in symptomatic patients. The combination of radiologic evidence of abscess or leak with the isolation of MDR organisms from bile, wound, or drain fluid confirms the diagnosis and guides both source control—via drainage or reoperation—and targeted antimicrobial therapy, optimizing patient outcomes while limiting the spread of resistance [56-58].

### **Clinical Presentation and Management**

Patients with postoperative infections typically present with fever, leukocytosis, abdominal pain, wound erythema, purulent drainage, or dehiscence [59]. Severe infections may involve abscesses or anatomical leaks, requiring radiological drainage or surgical reintervention [60].

Management requires a multidisciplinary approach incorporating clinical assessment, imaging, microbiology, and source control [61]. Early empirical antibiotic therapy is essential, with piperacillin-tazobactam preferred in highrisk patients. Therapy is refined based on culture results, and antifungal coverage is added when indicated. Duration depends on infection severity and control success, guided by stewardship principles to prevent resistance [62-65].

### **Future Directions and Conclusions**

Postoperative infections continue to pose significant challenges in complex bile duct surgeries such as hepatectomy and pancreaticoduodenectomy. These complications stem from patient comorbidities, surgical complexity, perioperative factors, and biliary microbial colonization. Preoperative biliary interventions and obstruction increase the likelihood of polymicrobial, multidrug-resistant infections involving E. coli, Klebsiella pneumoniae, and Enterococcus species.

Despite improvements in surgical techniques and perioperative care, infections contribute to major morbidity, extended hospitalization, and increased costs. Future efforts should aim to optimize perioperative management, refine the indications and timing of biliary drainage, and improve understanding of microbial colonization and resistance evolution. Enhanced recovery strategies—including minimally invasive techniques, nutritional optimization, glycemic control, and immune modulation—along with rapid diagnostics and precision antimicrobial therapy, may enable personalized patient care. Integrating predictive models based on patient- and procedure-specific risk factors will be essential to reduce morbidity, improve outcomes, and establish evidence-based protocols for infection prevention and management in hepatobiliary surgery.

## **Key Points**

- Hepatectomy and pancreaticoduodenectomy are associated with postoperative infection rates ranging from 24% to 61%. This is due to surgical complexity, patient comorbidities, and perioperative factors such as blood loss and prolonged operative time.
- Preoperative biliary drainage, bile stasis, and biofilm formation on stents and drains significantly promote the risk of polymicrobial and multidrug-resistant (MDR) infections, most caused by Escherichia coli, Klebsiella pneumoniae, and Enterococcus species.
- Resistance mechanisms include β-lactamase production, efflux pump activity, altered membrane permeability, and target site modification. These are becoming increasingly prevalent, leading to more complicated postoperative management and antibiotic selection.
- Diagnosis of infections relies on clinical, laboratory, and microbiological evidence, with culture and susceptibility testing guiding targeted therapy. Early empirical broadspectrum antibiotics, followed by de-escalation and strict antimicrobial stewardship, are key to controlling resistance.
- Optimization of perioperative management, including tailored antibiotic prophylaxis, nutritional support, minimally invasive approaches, and rapid diagnostics, holds promise for reducing infection rates and improving outcomes in hepatobiliary surgery.

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### **Competing interests**

All authors have read the manuscript and declare no conflict of interest. No writing assistance was utilized in the production of this manuscript.

### **Consent for publication**

All authors have read the manuscript and consented for publication.

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