# **Research Article**

# Clinical Analysis of 14 Pediatric Cases of *Listeria Monocytogenes*Meningitis in Southwest China

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## **Abstract**

**Background:** Pediatric meningitis caused by *Listeria monocytogenes* is rare and is associated with high mortality and morbidity. Because *L. monocytogenes* meningitis in children from Southwest China has rarely been reported, we aimed to summarize the clinical data of pediatric *L. monocytogenes* meningitis cases encountered at our hospital to improve disease diagnosis and treatment.

**Methods:** Predisposing factors, clinical manifestations, laboratory tests, and cranial images of 14 pediatric patients were retrospectively analyzed.

**Results:** Among the patients, 57% were neonates (87.5%, preterm infants; 50%, maternofetal infection cases). In non-neonatal cases, 50% had predisposing factors, including cancer-associated chemotherapy and congenital heart disease with rickets. All neonatal cases had positive blood cultures, with poor response, frequent apnea or tachypnea, birth asphyxia, and seizure being the predominant manifestations. All non-neonates had positive cerebrospinal fluid (CSF) cultures, with fever, vomiting, headache, and neck stiffness being the predominant symptoms. Pediatric patient mortality was 21.4% (two neonates with maternofetal infection; one non-neonate).

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Excluding three deaths and one self-discharge, three patients had hydrocephalus (two neonates; one non-neonate); four patients had developmental retardation (three neonates; one non-neonate).

Conclusions: L. monocytogenes meningitis had numerous predisposing factors, commonly including mother-to-child transmission in neonates (particularly preterm infants) and hypoimmunity in non-neonates. Differently aged patients showed different clinical manifestations. Neonatal and non-neonatal cases, mostly occurred secondary to bloodstream infections and CSF infections, respectively. Mortality rate was high, and hydrocephalus was the predominant neurological complication. Mortality and disability rates were higher for neonates than for non-neonates.

Keywords: Listeria monocytogenes; Meningitis; Pediatric patients

#### 1. Introduction

Listeriosis is a rare and invasive disease associated with high mortality [1,2]. Globally, the incidence of listeriosis varies between 0.1 and 11.3/1,000,000 [1]. Listeriosis is a foodborne disease caused by ingesting foods contaminated with *L. monocytogenes*. Listeria monocytogenes infection may cause focal infection or systemic listeriosis depending on an organism's immune state. Invasive listeriosis might be life-threatening, with high case fatality rates, and warrants hospitalization. Immunocompromised populations, including neonates, pregnant women, elderly, and immunocompromised adults are more vulnerable to invasive listeriosis infection [3]. Sepsis and meningitis are the common manifestations of invasive listeriosis [3,4]. Even with effective antibiotic treatment, invasive listeriosis has an average case fatality rate of 20–30% [5, 6].

Children and elderly adults are two groups of highly susceptible to *L. monocytogenes* meningitis. Yet, there are differences between children and elderly groups in aspects of clinical manifestations, etiology and risk of severe factors [7]. Therefore, it is necessary to summarize the clinical features, etiology and risk of severe and mortality factors of Listeria monocytogenes in children. To improve diagnosis and treatment efficacy, we conducted a retrospective analysis of the clinical data of 14 pediatric patients with *L. monocytogenes* meningitis treated in the signal center hospital in Southwest China, from January 2012 to December 2016.

## 2. Patients and Methods

Patients: Fourteen pediatric patients with L. monocytogenes meningitis admitted to the West China Second Hospital, Sichuan University, from January 2012 to December 2016 were included in the present study. Inclusion criteria were as follows: (1) patients who showed clinical manifestation of purulent meningitis; (2) patients who showed cerebrospinal fluid (CSF) characteristics with pleocytosis ( $\geq 10$  cells/ $\mu$ l) and/or hypoglycorrhachia; (3) Patients with positive L. monocytogenes blood and/or CSF cultures.

Patients with the following manifestations were defined as critically ill: septic shock; dyspnea requiring mechanical ventilation; recurrent seizure; coma; and cerebral herniation.

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## 2.1 Research Methods

Retrospective analysis of clinical data, including manifestations, laboratory tests, bacterial culture, drug sensitivity tests, and cranial images, of 14 pediatric in-patients with *L. monocytogenes* meningitis was conducted. Differences between neonatal and non-neonatal cases were compared. (Table 1)

#### 3. Results

#### 3.1 Patient Information

Seven male and seven female pediatric patients were included, ranging from newborns to adolescents who were 16 years old. Eight cases (57.1%) were neonatal, including 7 preterm births, whereas six cases (42.9%) were non-neonatal (two patients were aged <1 year, 2 patients were aged between 1 and 4 years, and 2 patients were aged >12 years).

#### 3.2 Analysis of Predisposing Factors

Among the eight neonatal patients, seven cases (87.5%) were preterm births, and the gestational age ranged from 29+1 to 35+3 weeks. Five patients (62.5%) had intrauterine asphyxia; two (25%), premature membrane rupture; and five (62.5%), amniotic fluid contamination. In four cases (50%), the mother had prenatal infection with fever or elevated total white blood cell (WBC) count (9.4–26.4×109/L) and C-reactive protein (CRP, 37–82 mg/dL) level. The mother of one case had cervical secretion culture positive for *L. monocytogenes*.

Among six non-neonates, one patient (aged 16 month; 12.5%) had patent ductus arteriosus (PDA) and rickets, two patients had neoplastic diseases (aged >12 years; 33.3%; one patient had non-Hodgkin's lymphoma and the other patient had acute lymphocytic leukemia), and three patients (50%) had no detectable predisposing factor.

## 3.3 Clinical Manifestations

Among eight neonates, six patients (75%) showed symptoms within 2 days after birth, and major manifestations were poor response (100%), frequent apnea or tachypnea (100%), birth asphyxia (50%), seizure (50%), and fever (25%). The neonates displayed critical symptoms including respiratory failure (100%), mechanical ventilation (100%), metabolic acidosis (50%), refractory seizure (37.5%), multiple organ dysfunction (37.5%), coma (37.5%), hyperlactic acidemia (25%), and shock (25%). None of them had bregmatic eminence.

The predominant manifestations in the six non-neonates were fever (100%), vomiting (83.3%), headache (33.3%), neck stiffness (66.7%), and bregmatic eminence (33.3%). Only one non-neonate had critical symptoms such as respiratory failure, mechanical ventilation, shock, coma, multiple organ dysfunction, metabolic acidosis, and hyperlactic academia.

## 3.4 Laboratory Tests

Among the 14 study patients, 9 (64.3%) had positive blood culture and 7 (50%) had positive CSF culture. Two patients (14.3%) had both positive blood and CSF cultures. All neonates had positive blood culture and one patient

had both positive CSF and blood culture. Among the four neonatal cases with maternofetal infection, there were three cases with positive sputum culture, of which one was a multiple type, showing positive ear and eye secretion cultures. All non-neonatal cases had positive CSF culture, of which one case had both positive blood and CSF cultures.

Although all the 14 patients had elevated CRP levels, 10 (71.4%) had elevated WBC count and 9 (64.3%) had elevated monocyte levels. Four patients (25.8%) had reduced WBC counts and one had neutropenia. Ten patients (71.4%) had anemia and five (35.7%) underwent blood transfusion. One patient had thrombocytopenia.

All patients received lumbar puncture and had pleocytosis, but five (35.7%) had neutrocytosis. The monocyte ratio in CSF ranged from 0 to 13%, and only one non-neonate had no monocytes in CSF. Biochemical changes in CSF included obvious reductions in glucose level (<0.2–2.5 mmol/L), normal or elevated protein levels (423–3540 mg/L), and normal chloride levels.

## 3.5 Imaging Examinations

Chest X-ray scans of seven neonatal cases demonstrated patchy shadows, and those of three cases revealed pulmonary hyaline membrane lesion. Two of six non-neonatal cases showed patchy shadows on both sides of the lungs.

Two neonatal patients with critical illnesses underwent only cranial ultrasonography, and were found to have II-III grade intracranial hemorrhage. The remaining 12 underwent cranial computed tomography (CT) or magnetic resonance imaging (MRI), of whom five patients were normal results, three had hydrocephalus, three had widened lateral ventricle of which one experienced abnormal signals in the periventricular white matter and corpus callosum, and one had subdural effusion.

## 3.6 Treatment and Prognosis

Among the 14 patients, 2 patients were initially treated with meropenem plus penicillin/ampicillin; 2 patients with meropenem plus vancomycin; and 1 patient with penicillin plus ceftazidime; however, the remaining 9 patients were treated with piperacillin/tazobactam (4 cases), vancomycin (1 case), and third-generation cephalosporin (5 cases, of which 1 case was already receiving vancomycin at that time). After confirming the presence of *L. monocytogenes* in blood or CSF, three patients received combination therapy with meropenem and penicillin; seven, combination therapy with meropenem and ampicillin; one, combination therapy with meropenem and amikacin; one, therapy with ampicillin alone; one, therapy with meropenem alone; and one, combination therapy with ampicillin and amikacin. Excluding three deaths and one self-discharge case, the remaining 10 patients received treatment for an average of 34.5 (range, 21–48) days.

Three patients died (mortality, 21%), including two neonates and one 16-month-old child. The two neonates who died were preterm infants with maternofetal infection, of whom one neonate died 1 day after treatment and the other

died 8 days after treatment. One non-neonatal patient received antibiotic treatment for the first 17 days and showed a slight improvement, but discontinued the treatment owing to financial difficulties. This patient developed hernia and died 7 days after treatment cessation. Apart from the three cases of death, one patient discontinued the treatment after 6 days, thus giving rise to incomplete data.

Among 10 patients who survived, 4 experienced developmental retardation (3 neonates, 1 non-neonate) and 6 had normal development (2 neonates, 4 non-neonates). Three patients had hydrocephalus (two neonates, 1 non-neonate); one of these patients underwent endoscopic third ventriculostomy. One non-neonate experienced subdural effusion; one, epilepsy; and one, hearing loss.

#### 4. Discussion

The globally incidence of *L. monocytogenes* meningitis has not been clarified. Koopmans et al. [7] reported 375 cases of *L. monocytogenes* meningitis, based on a national survey conducted in the Netherlands from 1985 to 2014. The two groups that had the highest incidences of *L. monocytogenes* meningitis were the neonates group, with an incidence of 0.61 per 100,000 live births, and the elderly adults group, peaking at the age of 87 years, with an incidence of 0.53 cases per 100,000 population of the same age. The precise incidence of *L. monocytogenes* meningitis in China remains unclear; Feng et al. [8] reviewed 147 cases of infection caused by Listeria from Chinese literature between 1964 and 2010. They found 68 cases (46%) of sepsis, and 45 cases (31%) of CNS infection, which included 11 neonatal patients. The overall mortality of listeriosis was 26%, and neonatal mortality was 46%. Hsieh et al. [9] reported 14 cases of neonatal listeriosis in Taiwan from 1990 to 2007; in 50% of the cases, central nervous system infection was present, and the mortality rate of neonate listeriosis was 29%. Until now, pediatric *L. monocytogenes* meningitis has rarely been reported in China. The present study was a clinical analysis involving the largest sample of patients with pediatric *L. monocytogenes* meningitis in China.

## 4.1 Differences in predisposing factors among patients of different age groups

Among the eight neonates, 87.5% were preterm infants and 50% had maternofetal infection. Positive blood culture results were found in all newborns, and only one newborn had a positive CSF culture. All evidences suggest that neonatal CNS infections were secondary to sepsis. Maternofetal infection is also an important predisposing factor for neonatal listeriosis. Therefore, not only the blood culture but also other secretions and aseptic humoral cultures can present with positive results of *L. monocytogenes*. Data analysis from the United States of Foodborne Disease Active Surveillance Network showed the incidence of *L. monocytogenes* infection in pregnant women to be 13 times higher than that in the overall population [10]. Lv et al. [11] reported that mother-to-child transmission was an important route for neonatal *L. monocytogenes* infection. Pregnancy-associated listeriosis is an invasive disease affecting both pregnant women and newborns that can lead to fetal losses and neonatal deaths as well as miscarriages in pregnant women and maternal death. Fetus acquires infection owing to transplacental migration of *L. monocytogenes* via the mother's bloodstream. Previous studies have reported the sporadic incidence of L. monocytogenes in Chinese adults, resulting from mother-to-child transmission [12, 13]. Consistent with our current findings, listeriosis during pregnancy mainly manifested as fever (80%), WBC count elevation (78.6%), abdominal

pain (30%), and gastrointestinal symptoms (13%); however, listeriosis in fetuses and newborns was likely associated with more severe symptoms, and consequently leads to fetal death, premature birth, neonatal sepsis, meningitis, and death [10, 14]. Thus, if pregnant women had infection indicators such as fever and elevated WBC and CRP levels before delivery, blood tests as well as blood and cervical secretion cultures and smears should be analyzed on a timely basis. If pregnant women had signs of infection combined with positive culture results, timely termination of pregnancy is recommended, and rapid culturing of multiple organ secretions (e.g., sputum, eye, ear, and vulvar secretions), blood, and CSF of newborns is warranted to improve the *L. monocytogenes* detection rates.

Among the six non-neonates, two had neoplastic diseases and one had rickets and PDA. The positivity rate of CSF cultures was higher than that of blood cultures in these patients. A previous study reviewed that 23 non-neonatal cases of *L. monocytogenes* meningitis had normal immune function, and 19 cases had negative blood cultures[15]. Unlike neonatal cases, the number of blood-associated infections was lower in non-neonatal cases.

## 4.2 Differences in clinical manifestations among patients of different age groups

Here, *L. monocytogenes* meningitis in neonates principally manifested as poor response, frequent apnea or tachypnea, birth asphyxia, and seizure, but only three neonates had fever. All neonatal cases had critical symptoms including respiratory failure, mechanical ventilation, refractory seizure, and multiple organ dysfunctions. Nonneonatal cases predominantly manifested as fever, vomiting, headache, and other meningitis symptoms (neck stiffness and bulging fontanelle). Only one non-neonatal case had critical symptoms. This result is distinct from that of neonatal cases.

Among the 14 study patients, 2 had a history of diarrhea, including one neonate and one non-neonate patient, thereby suggesting that *L. monocytogenes* infection is foodborne and likely causes intestinal infections.

## 4.3 Analysis of predisposing factors for death and prognosis

Three of the study, patients died (21.4%), including two neonates and one non-neonate. Death is likely associated with the following factors. (1) Maternal infection before delivery: the two newborns who died were premature and had maternofetal infection. Pregnant mothers of these patients presented with fever or diarrhea before delivery and elevated WBC counts and CRP levels; the vaginal secretion culture of one of those mothers even tested positive for *L. monocytogenes*. (2) Antibiotic treatment duration: an insufficient or incomplete antibiotic treatment course can lead to the death of pediatric patients, which was suggested by the outcome of a non-neonatal patient in our study. Although having received antibiotic therapy for 17 days, sudden treatment cessation led to the progressive development of a fullminant disease course with refractory seizure, coma, hernia, and consequent death 7 days later.

## 4.4 Prognosis

Unlike other forms of bacterial meningitis, infection of the central nervous system by *L. monocytogenes* can lead to meningitis/meningoencephalitis, ventriculitis, brain and spinal cord abscesses, brainstem encephalitis, and myelitis [16–19]. One of the fourteen pediatric patients in this study had abnormal subcortical and periventricular white

matter signals. Even with early and effective antibiotic treatment, Listeria-associated meningitis and meningoencephalitis has an average case fatality rate of 24-26% [20,21].

Among the neonatal cases, two patients died, one discontinued the treatment, and three experienced developmental retardation (two had hydrocephalus). Among the non-neonatal cases, one patient died and one experienced development delays (combined with hydrocephalus). The prognosis of non-neonatal cases was much better than that of neonatal cases. Hydrocephalus was the most common neurological complication in our study because three patients had hydrocephalus.

#### 4.5 Treatments

Early diagnosis and timely treatment are extremely important for meningitis caused by *L. monocytogenes* commonly causes meningitis in newborns. One hundred and three cases of L. monocytogenes meningitis were reported in England and Wales between 1990 and 2013, and only 7.8% of the patients were infants older than 30 days [22].

Among eight neonates in this study, two neonates were initially treated with meropenem and ampicillin, while one neonate was treated with penicillin plus ceftazidime; their medications were only adjusted after establishing positive *L. monocytogenes* culture, which might have delayed the treatment and led to death. This suggested little awareness of listeriosis in newborns in Southwest China. Increased awareness of *L. monocytogenes* infection in high-risk newborns is warranted. If newborns <30 days old are suspected of having bacterial meningitis, administration of ampicillin, rather than third-generation cephalosporins, combined with meropenem is recommended [23]. Although *L. monocytogenes* infection in infants and young children is rare, *L. monocytogenes* meningitis should be considered when infants and young children have fever, headache, and vomiting accompanied by diarrhea and elevated monocyte counts in routine blood and CSF test results and when treatment with third-generation cephalosporins remains ineffective.

## 5. Conclusion

In conclusion, *L. monocytogenes* meningitis has obvious predisposing factors, and premature infants and children with low immune function are susceptible to the disease. Infection in pregnant mothers before delivery is a predisposing factor for *L. monocytogenes* infection in neonates, and we recommend monitoring of pregnant women for *L. monocytogenes* infection, including screening of blood and cervical secretion cultures. If a gravida at the postconceptual age is found with *L. monocytogenes* infection, timely antibiotic treatment and pregnancy termination, if necessary, are important steps to reduce morbidity in newborns. If neonatal patients have frequent apnea, poor response, and elevated CRP and monocyte counts in blood, *L. monocytogenes* infection should be considered. Incidence of meningitis in neonatal *L. monocytogenes* infection can be as high as 90% and is mostly due to sepsis secondary to CNS infection. If infants and young children have fever, headache, or vomiting accompanied by diarrhea and elevated monocyte counts in routine blood and CSF culture tests as well as ineffective outcomes after treatment with third-generation cephalosporins, *L. monocytogenes* meningitis should be considered.

Cases and sex	Age of onset	Gestational Ag (W)	Predisposing factor	Clinical symptoms	Critically symptoms	Blood WBC (×10 <sup>9</sup> /L)	M% in blood	CRP (mg/dl) in blood	CSF WBCanalysis	M% in CSF	Positive culture Sample	Brain image	Treatment duration and drug	Outcome and neurological complications
1 F	10mi n	31+3	MI, IA, PRM, AFC	BA, tachypnea, seizure, poor response	RF, MV, shock, RS, MOD, MA, HA ,coma	58.7	15	66	480	12	Blood, sputum, mother cervical secretions	Ultrasound:IH (III grade)	8d AMP+MER	Death due to brain herniation
2 M	5min	31+3	MI, IA	BA, no respiratio, seizure	RF, MV, shock, RS, MOD, MA, HA	3.5	15	10	550	10	Blood, sputum,	Ultrasound:IH (III grade)	1d 1 <sup>st</sup> :P/T for 6 h 2 <sup>nd</sup> : AMP+MER	Death due to shock
3 M	1h	29+1	MI, PRM	Tachypnea, apnea, poor response	RF, MV, MA	39.7	10	24	800	13	Blood, sputum, ear and eye secrations	MRI:normal	48d 1 <sup>st</sup> :P/T for 7 h 2 <sup>nd</sup> : AMP+MER	Normal
4 M	1h	31 <sup>+1</sup>	IA, AFC	Fever, tachypnea, poor response	RF, MV	19.7	4	116	2126	12	Blood	MRI: hydrocephalus	30d 1st:PNC+CZD for 2d 2ndMER+PNC	Hydrocephalus Development delay
5 F	13h	35 <sup>+3</sup>	IA, AFC	BA, apnea, poor response	RF, MV, MA	2.4	13	23	140	13	Blood	MRI:normal	26d 1 <sup>st</sup> :P/T for 3 h 2 <sup>nd</sup> : AMP+MER	Normal
6 F	17h	35 <sup>+1</sup>	MI, AFC	Fever, tachypnea, poor response	RF, MV	19.3	4.	51	380	12	Blood, CSF, eye secrations	MRI:ventricular enlargement	6d 1 <sup>st</sup> :P/T for2d 2 <sup>nd</sup> :AMP+MER	Give up, no data
7 M	56h	40+3	IA, AFC	BA, tachypnea, seizure, poor response, abdominal distension	RF, MV, MOD	2.4	10	23	2953	9	Blood	MRI: ventricular enlargement, abnormal signal in PWM and CC	21d MER + PNC	Development delay, epilepsy
8 M	10 d	35 <sup>+2</sup>	No	Apnea, seizure, diarrhea, poor response	RF, MV, RS, coma	20.9	9	41	580	13	Blood	MRI: hydrocephalus	44d 1 <sup>st</sup> : CTX for 3d 2 <sup>nd</sup> : MER +PNC	Hydrocephalus (third ventriculostomy), development delay
9 F	9m	40	No	Fever, diarrhea, lethargy, vomit, bulging fontanels	-	10.9	9	51	500	6	CSF	MRI: bilateral ventricle enlargement	24d 1 <sup>st</sup> : CTR for 3d 2 <sup>nd</sup> :AMP	Normal
10 M	11mo	-	No	Fever, irritation, bulging fontanels	-	12.2	9	65	550	4	CSF	MRI: subdural effusion	44d 1 <sup>st</sup> :VAN+MER for 7 d 2 <sup>nd</sup> :MER+AMP	Normal

11 F	1y4m	39	PDA+ rickets	1 <sup>st</sup> admission: Fever, vomit, neck stiffness, somnolence 2 <sup>nd</sup> admission: Fever, vomit, seizure	RF, MV, shock, coma, MA, HA, MOD	19.9	6.9	63	130	7	Blood, CSF	CT: normal	17d(first admission) 1d(second admission <sup>t</sup> ) 1 <sup>st</sup> :VAN+CTR for 3 d 2 <sup>nd</sup> :MER+AMP	Death due to brain herniation
12 F	3y3m	38+4	No	Fever, lethargy, vomit, neck stiffness	-	15.6	3	228	162	7	CSF	CT:hydrocephalus	21d 1 <sup>st</sup> :CTX for 4 d 2 <sup>nd</sup> : MER+AMK for 2d 3 <sup>rd</sup> :AMP+MER for 15d	Hydrocephalus, hearing lesion, development delay
13 F	16y1 m	38 w	NHL	Fever, headache, vomit, neck stiffness	-	11.2	4	88	445	5	CSF	CT: normal	1st: CTX for 1d 2nd:MER for 7d 3rd:MER+AMP for 34d	Normal
14 M	14y2 m	No data	ALL-L1	Fever, headache, vomit, neck stiffness	-	2.4	14	162	980	0	CSF	CT: normal	45d 1 <sup>st</sup> :VAN+MER for 5d 2 <sup>nd</sup> :AMP+AMK for 13d 3 <sup>rd</sup> :AMP for 26d	Normal

**Table1**: The clinical manifestations, laboratory examination, brain imaging and treatment outcomes of 14 case of Listeria monocytogenes meningitis in children in West China Second University Hospital.

List of abbreviations: MI, Mother infection; PRM, premature rupture of membrane; AFC, amniotic fluid contamination; IA, intrauterine asphyxia; MV, mechanical ventilation; RS, refractory seizure; MOD, multiple organ dysfunction; BA, birth asphyxia; RF, respiratory failure; MA, metabolic acidosis; HA, hyperlactic academia; NHL, non-hodgkin's lymphoma; ALL, Acute lymphoblastic leukemia; IH, Intracranial hemorrhage; PWM, periventricular white matter; CC, corpus callosum; CSF, cerebrospinal fluid; MRI, magnetic resonance imaging; CT, Computer tomography; WBC, white blood cell; N%, neutrophilic granulocyte percentage; M%, monocyte percentage; d, day(s); w, week; m, month(s); y, year(s); h, hour(s); min, minute(s); F, female; M, male; AMP: Ampicillin; AMK, Amikacin; MER, Meropenem; CTX, ceftriaxone; P/T, piperacillin/tazobactam; PNC, penicillin; CZD, ceftazidime; Cep/S, Cefperazone-Sulbactam; VAN, vancomycin.

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